Inferred relatedness and heritability in malaria parasites

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Malaria parasites vary in phenotypic traits of biomedical or biological interest such as growth rate, virulence, sex ratio and drug resistance, and there is considerable interest in identifying the genes that underlie this variation. An important first step is to determine trait heritability ($H^2$). We evaluate two approaches to measuring $H^2$ in natural parasite populations using relatedness inferred from genetic marker data. We collected single-clone *Plasmodium falciparum* infections from 185 patients from the Thailand–Burma border, monitored parasite clearance following treatment with artemisinin combination therapy (ACT), measured resistance to six antimalarial drugs and genotyped parasites using 335 microsatellites. We found strong relatedness structure. There were 27 groups of two to eight clonally identical (CI) parasites, and 74 per cent of parasites showed significant relatedness to one or more other parasites. Initially, we used matrices of allele sharing and variance components (VC) methods to estimate $H^2$. Inhibitory concentrations (IC₅₀) for six drugs showed significant $H^2$ (0.24 to 0.79, $p = 0.06$ to 2.85 × 10⁻⁶), demonstrating that this study design has adequate power. However, a phenotype of current interest—parasite clearance following ACT—showed no detectable heritability ($H^2 = 0.06$ to 2.85) in this population. The existence of CI parasites allows the use of a simple ANOVA approach for quantifying $H^2$, analogous to that used in human twin studies. This gave similar results to the VC method and requires considerably less genotyping information. We conclude (i) that $H^2$ can be effectively measured in malaria parasite populations using minimal genotype data, allowing rational design of genome-wide association studies; and (ii) while drug response (IC₅₀) shows significant $H^2$, parasite clearance following ACT was not heritable in the population studied.

**Keywords:** artemisinin; heritability; drug resistance; clearance rate; twins; clones

1. INTRODUCTION

Measurement of heritability ($H^2$)—the degree to which a phenotypic trait is determined by genotype—is central to quantitative genetic analysis (Falconer & Mackay 1996). For example, traits with high $H^2$ are expected to respond rapidly to selection, and mapping of genes that underlie traits with high $H^2$ requires smaller sample sizes than for traits with weak heritability. Accurate measures of trait $H^2$ can be made in organisms that are readily crossed in the laboratory and reared in common environmental conditions (Falconer & Mackay 1996). Alternatively, heritability can be measured using pedigrees (Kruuk et al. 2000; Havill et al. 2010). However, for many organisms, genetic crosses are difficult to perform and reliable pedigree information is not available. Furthermore, for many biomedical traits of interest, measurement in a controlled laboratory situation is impossible. For example, biologists working on malaria are interested to know why some parasite genotypes cause disease in humans, while others do not (Doumbo et al. 2009). In this case, disease severity is only possible to observe in humans and cannot be evaluated experimentally in the progeny of genetic cross. For this and other phenotypes, heritability should ideally be measured in natural populations.

One possible approach to measuring $H^2$ in natural populations involves inferring relatedness using genetic markers, as individuals sharing alleles at multiple loci are more likely to be closely related than individuals sharing alleles at few loci (Thompson 1974; Ritland 2000; Bloon 2003; Csillery et al. 2006). There are two general approaches to doing this. First, identity-by-state (IBS) allelic information at each locus can be used to infer groups of related individuals (i.e. sibs, half-sibs, etc.), and then patterns of phenotypic variation within and between these groups can be used to determine $H^2$ (Thomas et al. 2000; Fernandez & Toro 2006). Second, allele-sharing measures can be used to estimate relatedness between pairs of individuals, without categorizing pairs into particular relationship classes (Ritland 1996, 2000; Klaper et al. 2001). However, all available methods...
are constrained by levels of relatedness estimable within natural populations, which is limited for many organisms (Caillery et al. 2006; Shikano 2008).

Malaria parasites are haploid protozoans with mixed mating systems. Inbreeding predominates in low transmission regions (Paul et al. 1995; Anderson et al. 2000) and related or clonally identical (CI) parasites are frequently sampled within populations. Malaria parasites show extensive variation in many traits of biomedical or biological interest, including drug resistance (Fidock et al. 2008), growth rate (Reilly et al. 2007), virulence (Mackinnon et al. 2002) and sex ratio (Read et al. 1992; West et al. 2001). Loci underlying some malaria traits have been mapped effectively using linkage analysis, but genetic crosses required for such studies are cumbersome, expensive and unsuitable for many clinically related traits (Su et al. 2007). Furthermore, detailed SNP maps, and the potential for whole-genome sequencing of populations of parasites, have led to excitement about mapping the genes underlying these traits by genome-wide association studies (GWASs) have been proposed to try to identify the parasite genes that underlie variation in CR. Evidence of strong heritability for this trait comes from a recent study of Cambodian parasites (Anderson et al. 2010).

2. MATERIAL AND METHODS

(a) Collection of parasites

We collected 5 ml of Plasmodium falciparum-infected blood samples with greater than 0.5 per cent parasitaemia from patients visiting the malaria clinic at Mae Sot within 4 h of collection, where we measured Heritability in malaria parasites

We examined two different types of traits. Drug resistance is known to have a strong genetic basis (Hayton & Su 2004) and so provides an important positive control for our methods. We also investigated a trait of current relevance to haploid organisms such as blood-stage malaria.

We initially genotyped seven microsatellite loci to identify relationships between infections containing multiple clones (Anderson et al. 2005). We determined relationships between infections containing a predominant single clone by genotyping microsatellite markers spaced at approximately 50 kb intervals across the genome. We genotyped 15 parasites twice to measure genotyping reproducibility: only markers that showed 100 per cent reproducibility in comparisons of the 15 duplicated samples were included in the dataset. Marker positions, oligos and genotyping methods are listed in electronic supplementary material, table S1.
and are referred to as being clonally identical (CI). We compared frequency distributions of observed pairwise allele sharing with expectations from randomly generating unrelated parasites using the observed allele frequencies. In addition, we simulated expected allele sharing for haploid parasites derived from the same zygote, and for parasites derived from zygotes with one common parent. These simulations were performed using the observed allele frequencies at each locus using PopTools v. 3.2.0. (http://www.cse.csiro.au/poptools/index.htm).

(f) Heritability (H²) estimation
We measured H² using two different methods.

(i) VC H² estimate
The VC approach uses relatedness between all pairs of parasites in the dataset to estimate H² and is equivalent to the methods used for the analysis of multi-generational family studies of humans (Blangero et al. 2001). We used the proportion of shared alleles (Blouin 2003) as a simple metric of relatedness. Pairs of parasites that are genetically identical will share alleles at all loci, while pairs of parasites that are unrelated will share just a few alleles that are IBS by chance. Conventional VC methods for pedigree-based linkage analysis were used, except that matrices of inferred relatedness were used instead of the kinship matrix derived from pedigree data. For H² estimation, the parasite phenotypic covariance matrix was modelled as \( \Omega = R \sigma^2_I + I \sigma^2_e \), where \( R \) is the relationship matrix (equal to twice the kinship matrix), \( I \) is an identity matrix, \( \sigma^2_I \) is the variance contributed by additive genetic factors and \( \sigma^2_e \) is the remaining (environmental and unmodelled genetic) variance. H² is then estimated as \( H^2 = \sigma^2_I/(\sigma^2_I + \sigma^2_e) \). We used this procedure to estimate H² of both log-transformed measures of in vitro drug resistance, PRR38 and PRR48.

(ii) ANOVA-based estimate
For this analysis, we used only CI parasite genotypes recovered from two or more individuals. We compared the variance of CR and IC50 phenotypes within and among clonal lineages of parasites, and estimated H² from the mean-squares terms in the ANOVA as described in Lynch & Walsh (1998). In brief, we determined the within-and among-clone mean squares (MSS and MSB) for each trait. The total genetic variance (\( \sigma^2_G \)) is estimated as (MSS − MSB)/n. n is the weighted mean number of patients infected with each CI genotype and is calculated as follows: \( n = (T - \sum n_i^2/T)/(N - 1) \), where \( T \) is the total number of patients, \( N \) is the number of different clones and \( n_i \) is the number of patients infected with the \( i \)th clone. The environmental variance (\( \sigma^2_E \)) is estimated from the within-clone variation as MSB, and so \( H^2 = \sigma^2_G/(\sigma^2_G + \sigma^2_E) \).

(g) Evaluating the effects of treatment type, patient age and patient gender
Patient age, patient gender and treatment type may potentially influence phenotype and were therefore included in the analysis. Each patient was treated with one of five different ACT treatment regimens. These five ACTs were divided into three groups for analysis: (i) group 1: mefloquine hydrochloride (8 mg kg⁻¹) or artesunate (4 mg kg⁻¹) for 3 days (MAS3) or 7 days (MAS7); (ii) group 2: dihydroartemisinin 7 mg kg⁻¹/piperazine 56 mg kg⁻¹ body weight into four doses at 0, 8, 24 and 48 h (DP4) or into three daily doses (DP3); and (iii) group 3: fixed dose combination tablets (20 mg of artemether/120 mg of lumefantrine; Coartem, Novartis, Basel, Switzerland) as six doses over 3 days, administered by patient weight (COA6a). We evaluated the influence of these three independent variables on PRR38, PRR48, CR and IC50. To correct for the effects of these covariates, we used residuals from the regression analysis to examine \( H^2 \).

3. RESULTS
(a) Relationships between parasite isolates
The analysis is based on 185 infections containing a single parasite clone, for which measures of clearance, IC50 for six drugs and microsatellite genotype data (335 markers) are available. The microsatellite loci were highly polymorphic with 1–23 (mean = 11.04, median = 11, s.d. = 3.95) alleles per locus and expected heterozygosity of 0–0.92 (mean = 0.74, median = 0.79, s.d. = 0.16). No more than seven (3.7%) genotypes were missing at any locus. The relationships between the parasites are summarized in figure 1. We found 27 clusters comprising two to eight parasites that differ by less than 5 per cent and are effectively IBD across the genome. These are referred to as CI genotypes. The few differences observed are distributed across the genome rather than in blocks. They are therefore most likely to be due to genotyping error and/or mutation. For the 61 (33%) patients for whom detailed 6-hourly clearance data were available, there were seven clusters of CI parasites, with two to four parasites per cluster (figure 1a).

Figure 1b shows the distribution of allele sharing between all pairwise comparisons for the 185 parasites (30 340 comparisons). The main peak is situated around 0.20–0.35. There is a tail to the right of this, suggesting parasites of intermediate relatedness. Finally, the peak at 0.95–1.0 shows parasite pairs that are CI. For comparison, we plotted the simulated distributions of allele sharing for four different relatedness classes (figure 1c). The main peak in the observed data corresponds precisely with allele sharing expected for unrelated genotypes. We used the upper value of the simulated distribution for unrelated parasites (0.3556) to evaluate the proportion of parasites that show significant relatedness. Seventy-four per cent of parasite isolates showed ps > 0.3556 to one or more other parasites in the dataset, suggesting strong relatedness structure. Thirty-six per cent of these parasites were CI (ps = 0.95–1.00) to one or more other parasites in the dataset. Our simulations suggest that parasites that show significant relatedness but are not CI are either derived from the same zygote (0.5317 < ps < 0.7425) or share one common parent (0.3474 < ps < 0.5616).

(b) Heritability of in vitro resistance
IC50 data for the six drugs is summarized in table 1. H² estimates for IC50 values are shown in table 2 and figure 2. We found significant H² for five of the six drugs using VC methods. Three drugs (MFQ, QN and LUM) showed high H² (0.60–0.79, ps = 4.8 × 10⁻⁵ to 7.6 × 10⁻⁵), while the three other drugs (CQ, DHA and AS) showed more marginal H² (0.17–0.39, ps = 0.02–0.08). Analysis of residuals to remove the effect of covariates (treatment regimen, patient age and sex) generated marginally lower H² for all six drugs.
Figure 1. Relatedness structure of the parasite population. (a) UPGMA tree showing the relationships between 185 parasite isolates. The tree is constructed from a pairwise matrix of the statistic (1 – ps), where ps is the proportion of alleles shared between the two isolates. These measures were calculated using 335 microsatellite markers genotyped. The bars mark 27 groups of parasites that differ by less than 5 per cent and are assumed to be IBD. The dots indicate the members of seven groups of parasites that differ by less than 5 per cent among the 61 parasites with detailed clearance data. (b) Pairwise measurements of allele sharing (ps). The y-axis is truncated to effectively display the range of relatedness within the population. (c) Simulated distribution of expected allele sharing for parasites in different relatedness classes. We simulated allele sharing expected in parasites derived from the same inbred oocyst (AA), from the same outcrossed oocyst (both from AB), from two related (half-sib) oocysts (from AB and BC) and from two unrelated oocysts (AB and CD). The observed ps distribution demonstrates that parasites are predominantly unrelated with some CI parasites and contributions from other relatedness classes.
We calculated $H^2$ of PRRs ($PRR_{24}$ and $PRR_{48}$). These calculations were performed on the natural logs of the phenotype data, as well as on the residuals following removal of the effects of gender, age and treatment type. $H^2$ estimates derived from both simple ANOVA and more complex VC methods are shown in table 2 and figure 3. We found non-significant $H^2$ for both $PRR_{24}$ and $PRR_{48}$ ($H^2 = 0.009$, ns) using both estimation methods and using analysis with and without covariate effects.

There were 61 patients for whom 6-hourly measures of parasite density were made allowing estimation of first-order CR. Slopes for parasite density against time post-treatment ranged from 0.12 to 0.43 (mean $\pm$ s.d: $0.24 \pm 0.07$) and fitted well with a linear model ($r^2 = 0.96 \pm 0.06$; figure 3). There were seven CI parasite genotypes recovered from two to four different patients each. We found dramatic differences in clearance profile between many CI parasites (figure 3), consistent with the non-significant $H^2$ for clearance-related parameters. Furthermore, statistical analysis using both VC- and ANOVA-based methods did not reveal significant effects of parasite genotype on CR (ANOVA: $H^2=0.16$, n.s.; VC: $H^2=0.02 \pm 0.25$, $p=0.47$), and remained insignificant after correction for age, sex and treatment type (ANOVA: $H^2=0.17$, n.s.; VC: $H^2=0.03 \pm 0.25$, $p=0.46$).
Drug resistance is known to have a strong genetic basis (Hayton & Su 2004) and provides a positive control for our methods. Genetics explains a large proportion (49–79%) of the variance in IC50 values for LUM, QN and MFQ, but between 17 and 39 per cent of the variance for AS, DHA and CQ. By implication, factors other than genetics explain much variation in these drugs. The low $H^2$ estimate of CQ response seems especially surprising given that the major gene determining resistance, the chloroquine resistance transporter ($pfcrt$), is well characterized (Fidock et al. 2000). However, the $pfcrt$-76T SNP conferring resistance is fixed on the Thailand–Burma border, so all parasites show high IC50. The low $H^2$ estimate suggests that much of the remaining variation in IC50 measures observed does not have a genetic basis.

We list possible non-genetic explanations for the variation in IC50 observed:

—The assays of IC50 were conducted in blood samples collected from patients. Differences in red blood cell physiology between patients, such as permeability to drugs, may influence assay results.

—Experimental error in preparation of drug plates may add noise to the data and contribute to the unexplained variation. Laboratory-based studies of drug resistance generally repeat drug assays multiple times to maximize accuracy (Ferdig et al. 2004). Unfortunately this is not possible in the field situation when isolates are processed fresh from the patient without culture adaptation.

Table 2. Heritability estimates using variance components and ANOVA-based methods. $p$-values are shown in italics ($p < 0.001$) and in bold ($p < 0.05$).

<table>
<thead>
<tr>
<th>clones</th>
<th>$n$</th>
<th>In transformed</th>
<th>residuals$^a$</th>
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<tr>
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<tr>
<td>DHA</td>
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<td>0.15</td>
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<td>0.10</td>
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<td>0</td>
<td></td>
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<tr>
<td>PRR$_{48}$</td>
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<td>184</td>
<td>0</td>
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<tr>
<td>ANOVA</td>
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<tr>
<td>AS</td>
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<td>61$^c$</td>
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<td>−0.02</td>
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</table>

$^a$Residuals were generated from multiple regression of phenotype against treatment regimen, patient age and gender.

$^b$Boundary of parameter space encountered; s.e. and $p$-value not output by SOLAR.

$^c$n is lower for the ANOVA as only CI parasites are used.

Figure 2. Heritability of in vitro drug resistance and parasite clearance. White bars show $H^2$ estimated by ANOVA, while shaded bars show $H^2$ estimates using variance components. Results are reported (a) using log-transformed IC50 data or clearance data (PRR$_{24}$ and PRR$_{48}$) and (b) for residuals following regression against patient age, gender and treatment category (see text). $H^2$ estimates derived by both methods are very similar.
—Epigenetic modifications could affect phenotype measures resulting in non-genetic differences between parasites (Slatkin 2009). Currently, little is known about epigenetic effects in *P. falciparum* for traits other than *var* gene expression (Volz et al. 2010): the role of epigenetics is unknown for the phenotypes examined here. (b) CR is not significantly heritable on the Thai–Burma border We examined clearance following ART as an example of a trait that cannot be measured in the laboratory, but is of considerable biomedical interest. Slow clearance of parasites following treatment with ACTs has been widely interpreted as a sign of impending resistance to artemisinin derivatives (White 2008; Carrara et al. 2009; Dondorp et al. 2009). While we observed extensive variation in clearance parameters (PRR<sub>24</sub>, PRR<sub>48</sub> and CR), these data provided no evidence that these measures are influenced by parasite genetic factors on the Thailand–Burma border. There are two possible explanations for this result. First, our measures of clearance may not be sufficiently accurate to detect significant $H^2$, because we recorded parasite density at 24 h intervals for most patients. More frequent measures may be needed to accurately document CR. We note that detailed (6-hourly) CR information was available for a subset of 61 patients. However, this subsample also failed to detect significant $H^2$ for clearance. Second, clearance may truly have little genetic basis and is determined by factors other than parasite genetics in this population. What might these other factors be? We evaluated three possible factors—patient age (a surrogate measure of immunity), patient gender and treatment regimen. However, of these three, only gender marginally influenced PRR<sub>24</sub>. Mathematical modelling work suggests that the age structure of parasite populations within the patient at the time of treatment may significantly influence clearance profiles (L. White 2007, personal communication), as different life stages vary in their response to artemisinin derivatives. Similarly, heterogeneity in patient immune status as a consequence of exposure to infection could influence clearance patterns (Luxemburger et al. 1997), while human genetic factors could also play a role (Weatherall 2008). The key point here is that many factors other than parasite genotype may influence CR. It is important to note that these results apply specifically to parasite populations sampled from the
Thailand–Burma border between 2000 and 2003. Carrara et al. (2009) show that there has been a decrease in CR in this region, but that this did not start until 2003–2004. As the parasites examined here were sampled prior to 2003, it is possible that genes influencing clearance have spread to the Thailand–Burma border since this time. We have recently examined $H^2$ for CR in a population in western Cambodia, where extremely slow clearance and high failure rates have been reported (Dondorp et al. 2009). Interestingly, we observed high $H^2$ in western Cambodia (0.56–0.58), clearly implicating parasite genetic factors (Anderson et al. 2010). We suggest larger studies are required on the Thailand–Burma border, entailing 6-hourly measures of clearance, to determine whether parasite clearance has a genetic basis in present-day parasite populations.

**Applications of $H^2$ for malaria research**

Our ability to rapidly genotype or sequence malaria genomes now make GWAS an attractive alternative to linkage mapping for locating genes that underlie traits of biomedical or biological importance (Su et al. 2007). As such studies are expensive, it is important to first demonstrate that the traits of interest have a significant genetic basis. $H^2$ estimates provide one way to achieve this. We provide one example of a trait of enormous public health significance that does not have a genetic basis in the population studied: clearance following ART. GWASs of this trait would therefore be unlikely to succeed in this population. Virulence and sex ratio are two other traits where the role of parasite genetics is uncertain, yet both are envisaged as adaptive traits with a genetic basis (West et al. 2001; Mackinnon & Read 2004). Studies of $H^2$ would provide a test for such models and would provide preliminary data to justify GWASs on such traits. To extend this argument further, the magnitude of $H^2$ is also useful for estimating sample sizes for GWASs, as traits with strong $H^2$ require smaller sample sizes than traits with weak $H^2$. Typically, sample size scales with the square of $H^2$, so for a trait with $H^2 = 1$ is four times less than for a trait with $H^2 = 0.5$ (Williams & Blangero 1999). However, we note that trait architecture is also critically important in determining mappability. True polygenic traits determined by many genes of small effect size may be difficult to map even if they show high $H^2$ (Goring et al. 2007).

$H^2$ measures are also useful for assessing the robustness of phenotype measures that are known to have a strong genetic basis. In laboratory studies, precision of phenotypes can be directly assessed by repeated measurement. For many malaria traits, such repeated measurement is not feasible. However, as related parasites are sampled within populations, estimating $H^2$ provides an alternative approach to assessing robustness of phenotype measures. The IC$_{50}$ data presented here, which were measured directly using parasite-infected blood from patients, provides an example of this application. Our results indicate that IC$_{50}$ data collected in this way showed poor repeatability for three or six drugs examined. Our ability to measure $H^2$ is strongly dependent on the existence of related or identical parasites within population samples. In *P. falciparum*, the proportion of CI parasites within populations is dependent on levels of transmission and inbreeding (Anderson et al. 2000). In low-transmission regions, multiple clone infections are rare, simplifying genotype–phenotype association. Hence, measurement of $H^2$ is easiest in low-transmission regions such as southeast Asia and South America. However, even in high-transmission African countries, a large proportion of meioses are expected to result from inbreeding (Babiker et al. 1994; Razakandrainibe et al. 2005). CI genotypes may also be sampled in such regions (Conway & McBride 1991), and could be used to estimate $H^2$.

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