Convergent patterns of long-distance nocturnal migration in noctuid moths and passerine birds

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Vast numbers of insects and passerines achieve long-distance migrations between summer and winter locations by undertaking high-altitude nocturnal flights. Insects such as noctuid moths fly relatively slowly in relation to the surrounding air, with airspeeds approximately one-third of that of passerines. Thus, it has been widely assumed that windborne insect migrants will have comparatively little control over their migration speed and direction compared with migrant birds. We used radar to carry out the first comparative analyses of the flight behaviour and migratory strategies of insects and birds under nearly equivalent natural conditions. Contrary to expectations, noctuid moths attained almost identical ground speeds and travel directions compared with passerines, despite their very different flight powers and sensory capacities. Moths achieved fast travel speeds in seasonally appropriate migration directions by exploiting favourably directed winds and selecting flight altitudes that coincided with the fastest air streams. By contrast, passerines were less selective of wind conditions, relying on self-powered flight in their seasonally preferred direction, often with little or no tailwind assistance. Our results demonstrate that noctuid moths and passerines show contrasting risk-prone and risk-averse migratory strategies in relation to wind. Comparative studies of the flight behaviours of distantly related taxa are critically important for understanding the evolution of animal migration strategies.

Keywords: seasonal migration; songbirds; Lepidoptera; Autographa gamma; flight speed; orientation

1. INTRODUCTION

Long-distance migration has evolved in virtually all major animal groups, but the most prominent examples of flight-borne migrants are found among insects and birds [1–3]. Billions of noctuid moths [4–6] and passerine birds [7–9] perform regular seasonal migrations between summer and winter ranges separated by thousands of kilometres, by undertaking nocturnal flights at altitudes of hundreds or thousands of metres above the ground. Migratory noctuid moths (body mass approx. 0.1–0.4 g, mean airspeed approx. 3–5 m s−1) fly relatively slowly in relation to the surrounding air [4–6], with self-powered airspeeds only approximately one-third that of passerines (body mass approx. 10–50 g, mean airspeed approx. 10–15 m s−1 [10]). Insects and birds also differ dramatically with respect to their sensory capabilities and flight biomechanics, implying that these two groups may be expected to exhibit very different travel speeds and degrees of directional control during their migrations [1,2,11−13]. However, for seasonal long-distance migration to be adaptive, a certain level of flight performance is required, which may lead to the convergence of migratory strategies in distantly related organisms such as insects and birds [14]. Monitoring of high-altitude migration patterns with specially designed entomological [15] and ornithological [16] radars has enabled us to carry out the first comparative study of flight behaviour and migratory performance in these two distantly related taxa.

In this study, we tracked noctuid moths and passerines during nocturnal spring and autumn migrations, over flat rural landscapes in England (moths) and Sweden (birds) between 1999 and 2008. Autographa gamma (silver Y moth) is the most abundant high-altitude migrant moth in the UK [6,17], and we used a well-established methodology to identify the radar-detected moths as A. gamma (see the electronic supplementary material). Our sample of passerines included several species of Old World warblers (Sylvidae), thrushes and chats (Turdidae) and flycatchers (Muscicapidae) (as judged from the composition of nocturnal passerine migrants at the time and place of the radar observations), which breed in Europe in the northern summer, and then over-winter in sub-Saharan Africa and the Mediterranean region. Individual passerines undertake multiple journeys, but they only have one breeding season (with one or two broods in the northern summer) per annual cycle. Silver Y moths,
on the other hand, breed continuously throughout the year. Those individuals migrating into northern Europe in the spring are the offspring of individuals that bred throughout the winter in the Mediterranean region. There are one or two generations in northern Europe before the offspring return south in the autumn, and thus in contrast to passerines each individual moth only carries out a single leg of the annual migratory circuit. In common with many continuously breeding migrant moths, the silver Y further differs from passerines, including migratory double breeding species [18], in that it has considerably more breeding opportunities within the annual cycle. The migration patterns of silver Y moths are similar to several other noctuid moth species that carry out high-altitude migration in Europe [6,19] and elsewhere [20,21], and so our results pertaining to silver Y moth migration performance are likely to be representative of a wide range of other highly migratory noctuids.

2. MATERIAL AND METHODS

(a) Entomological radar operating procedures and data analysis
We studied the flight behaviour of silver Y moths A. gamma engaged in spring and autumn high-altitude migratory flights, using data collected by two purpose-built, vertical-looking entomological radars (VLRs) situated in inland southern England. The first has been at Rothamsted, Harpenden, Hertfordshire (latitude 51°48′32″N, longitude 0°21′27″W) from 1999 to present; the second was at Malvern, Worcestershire (latitude 52°06′04″N, longitude 2°18′38″W) from 2000 to 2003, and then at Chilbolton, Hampshire (latitude 51°8′40″N, longitude 1°26′13″W) from 2004 to present. The VLR equipment and operating procedures are described in detail elsewhere [15,22,23]. Very briefly, individual targets were collected during dark hours, approximately 3–4 h after finding a target at distances most probably underestimated in our samples. The radar operator was searching for echoes from migrating birds by scanning manually at changing antenna elevations between approximately 5° and 40°. After finding a target at distances most often between 2 and 6 km, the radar was switched into automatic tracking mode and readings of azimuth, elevation and range were transferred to a computer every 2 s. Only targets that were considered to be single individual passerines, indicated by the characteristic radar echo signature pattern (discrete Fourier transform analysis was applied to the echo signature data) associated with bounding flight, were included in this study. Minimum tracking time for each target was 30 s with mean tracking time about 1 min. Wind data were measured within 2 h of all bird tracks, by releasing and tracking helium balloons with reflectors. Airspeed and heading direction were calculated by the subtraction of the wind vector at the altitude where the bird was flying (with a maximal time difference between wind and bird data of 2 h) from the bird's track and ground speed vector. Overall mean speeds (ground speed, airspeed, vertical speed and wind speed) and directions (track direction, heading direction and wind direction) as well as mean altitude (above the radar) were calculated for each night. The radar operating procedures and data handling have been described in further detail elsewhere [16]. Passerine tracks were recorded on 63 spring nights and 37 autumn nights, comprising a total of 2992 individual birds.

(c) Data analysis
The radar observations produced very large sample sizes (particularly for the silver Y moths), but some of the individual migratory parameters cannot be considered to be completely independent. For example, the movement speeds and directions of individuals flying during the same night and at the same altitude will be affected by the same winds. Thus to control for any problems of pseudoreplication that may confound the analysis of individual tracks, our primary analysis compared migratory characteristics of moths and birds based on calculations of nightly mean values (table 1) rather than separate data points from all individuals tracked. All nights with at least one track were ranked according to the number of individuals tracked during each night, but only the nights with substantial numbers of observations (encompassing 90% cumulatively of the seasonal total sample of individual moths and birds) were included in further analyses (table 1). This resulted in sample sizes of 31 and 41 spring nights, and 59 and 25 autumn nights, for moths and birds, respectively. Nights with only a few tracks were omitted to avoid the risk of possible bias to the results arising from a few individuals migrating under atypical conditions. Differences in the seasonal means of the various flight parameters of each taxon were tested for with t-tests for linear variables (speeds and altitudes), and Watson's $U^2$-test for circular variables (directions) [25]. In addition to the comparisons of nightly mean values, we also carried out comparisons using all individual tracks (see the electronic supplementary material); the two analyses showed virtually the same pattern (compare nightly means in table 1 with individual means in electronic supplementary material, table S1), albeit with less variation in the nightly mean comparison.

We also produced frequency distributions of speeds, altitudes and directions to examine the degree of overlap between silver Y moths and passerines, using both the nightly
Table 1. Comparisons of nocturnal migratory flight characteristics of silver Y moths and passerines, based on nightly means. Altitude is measured above the radar. Means and concentrations of directional data were calculated as mean vector direction and length, respectively. Mean vector length $r$ (in parentheses) is a measure of the concentration of circular data (inversely related to angular scatter) ranging from 0 (uniform distribution in all directions) to 1 (all observations in the same direction). Wind direction is the direction from which the wind is blowing. Differences between characteristics of moth and bird migration were analysed on the basis of the nightly mean values by $t$-tests (equal variances not assumed) for ground speed, wind speed and altitude and by Watson’s $U^2$-tests for the remaining circular variables [25]. Two-tailed significance levels from these tests are given. The two right-hand columns show overlap values of the frequency distributions of nightly mean values for moths and birds, respectively (in intervals of 2 m s$^{-1}$ for speeds, 200 m for altitude and 10$^°$ for directions).

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\frac{2 \sum m_i b_i}{(\sum m_i)^2 + \sum b_i^2}
\]

where $m$ and $b$ are the frequency distributions of silver Y moths and passerines, respectively, in different intervals ($i$). This technique provides a measure of similarity ranging from 0 for non-overlapping distributions to 1 for identical distributions [26].

3. RESULTS AND DISCUSSION

Distributions of nightly mean ground speeds were surprisingly similar between silver Y moths and passerines (table 1), and the majority of individuals (62–76% of both taxa; figure 1a) had travel speeds between 8 and 18 m s$^{-1}$ (approx. 30–65 km h$^{-1}$). Mean ground speeds of silver Y moths and passerines were not significantly different in the autumn (moths: 13.0 m s$^{-1}$; passerines: 12.1 m s$^{-1}$; $p > 0.05$; table 1), but during spring migration the moths travelled significantly faster (moths: 15.7 m s$^{-1}$; passerines: 13.1 m s$^{-1}$; $p < 0.05$; table 1).

This unexpected result (i.e. moths travelling as fast as, or faster than, passerines) occurred despite the fact that the passerines have airspeeds that are approximately three times faster than those of moths: mean airspeeds of the migrating passerines were 12.8 ± 2.6 and 12.2 ± 2.6 m s$^{-1}$ during spring and autumn, respectively, while migrating noctuids have typical airspeeds of 3–5 m s$^{-1}$ [4,6]. The vast majority of individual silver Y moths (99%) achieved ground speeds greater than their airspeed (figure 1a), and thus gained a considerable degree of wind assistance. In contrast, only approximately 50 per cent of individual passerines travelled at a ground speed that exceeded their airspeed (figure 1a), and thus many individuals received little or no wind assistance.

In order to travel at such great speeds compared with their self-powered airspeed, silver Y moths clearly exploited favourable winds very efficiently. Our data demonstrate that silver Y moths have a number of mechanisms that facilitate their efficient exploitation of winds. Firstly, they flew in airstreams that were not significantly different in speed to those encountered by the birds (overlap = 0.81 and 0.88 during spring and autumn, respectively; figure 1b and table 1). Silver Y moths travelled at significantly lower flight altitudes in comparison to passerines, with very little overlap (0.12 and 0.02 during spring and autumn, respectively; figure 1c and table 1), with the majority of moths migrating in the range 200–800 m above the ground (71% in spring and 80% in autumn). Passerines migrated at greater altitudes and over a wider altitudinal range: mostly between 400 and 1400 m, but up to 3600 m (figure 1c). Noctuid moths are typically constrained to fly below 1000 m in the relatively cool climate of northwest Europe [24,27], but this has the advantage of concentrating the noctuids in the fast, warm airstreams associated
with the presence of nocturnal temperature inversions [28], resulting in correspondingly fast ground speeds in comparison to their airspeed (figure 1a). Passerines by contrast are more flexible with regard to flight altitude than insects because they can maintain flight in higher altitude (and thus colder) airstreams [29], which may impart significant aerodynamic [30] and physiological [31] benefits. Furthermore, passerines did not restrict their migration solely to

Figure 1. Comparisons of frequency distributions of migratory flight characteristics of Autographa gamma noctuid moths and passerines (exemplified by willow warbler Phylloscopus trochilus in photo) during spring and autumn. Frequency distributions (based on individuals) are represented by straight lines connecting percentage of observations in different frequency bins. 

(a) Ground speed, 
(b) wind speed, 
(c) altitude, 
(d) track direction, 
(e) wind direction, 
(f) heading relative to wind, 
(g) heading direction, 
(h) track relative to heading. Intervals for speed distributions (a,b) are 2 m s⁻¹, for altitude distributions (c) 200 m and for directional distributions (d–h) 10° sectors. Distributions (d,e,g) show geographical compass directions with north = 0° and south = 180°. Distributions (f) and (h) are calculated as heading minus wind direction and track minus heading direction, respectively. Wind direction is the direction from which the wind is blowing, meaning that 0° in (f) designates a heading straight into the wind direction and 180° a heading in the due downwind direction (photos by T. A.).
nights when there were strong tailwinds aligned with their preferred seasonal migration direction (see below), as the silver Y moths did, but additionally migrated on nights with a wide range of wind directions (including cross- and head-winds). A large degree of flexibility in flight altitude selection allows passerines to obtain the best conditions with respect to flight physiology, but with a concomitant reduction in travel speed compared with moths that preferentially migrate in relatively strong tailwinds.

Owing to the relatively slow airspeeds of noctuid moths, they frequently fly in airstreams that exceed their self-powered flight speed: indeed, in the present study, only 15 and 9 per cent of the silver Y moths migrated in wind currents that were slower than their airspeed in the spring and autumn, respectively (figure 1b). By contrast, passerines typically migrated in wind currents that were slower than their airspeed in autumn, most migration occurred on westerly winds with respect to flight physiology, but with a concomitant reduction in travel speed compared with moths that preferentially migrate in relatively strong tailwinds.

Considering the above, it is therefore rather surprising that the distributions of silver Y moth and passerine track directions were relatively similar (table 1), and that both taxa routinely achieved migratory tracks in well-defined seasonally beneficial directions (figure 1d). Migration was approximately northwards in spring (silver Y moths: $\alpha = 344^\circ$, $r = 0.70$; passerines: $\alpha = 15^\circ$, $r = 0.92$; overlap: 0.65), and approximately southwards in autumn (silver Y moths: $\alpha = 179^\circ$, $r = 0.48$; passerines: $\alpha = 172^\circ$, $r = 0.84$; overlap: 0.71). Silver Y moths selected winds blowing from highly beneficial directions for their migratory flights (spring winds: $\alpha = 171^\circ$, $r = 0.56$; autumn winds: $\alpha = 351^\circ$, $r = 0.42$; figure 1e), resulting in windborne displacement in seasonally favourable directions. Passerines, on the other hand, showed very little selectivity for advantageous winds: in spring, they flew in winds from a very wide range of directions, as indicated by the extremely small $r$-value ($\alpha = 256^\circ$, $r = 0.09$), and in autumn, most migration occurred on westerly winds ($\alpha = 264^\circ$, $r = 0.59$; figure 1e). The distributions of wind directions used by moths and passerines were significantly different in both spring and autumn ($p < 0.001$ in both cases, table 1), indicating that silver Y moths exhibited a much greater degree of selectivity. As a consequence of their low degree of selectivity for favourable wind directions, passerines avoid long and unpredictable delays waiting for migratory opportunities with favourably directed tailwinds. Consequently, they will maintain a high degree of spatio-temporal control over their migratory progress, but with increased metabolic costs associated with making headway into head- or cross-winds, and slower travel speeds. These increased flight costs are offset, however, by a reduction in costs associated with waiting out periods of unfavourable weather at stopover sites, especially at low ambient temperatures [34], which will be exacerbated if foraging and fuel deposition cannot take place during the waiting time [35]. The relatively weak flight ability of noctuid moths prevents them from adopting similarly undiscriminating selectivity in relation to wind direction, as rapid progress in seasonally advantageous directions is entirely dependent on tailwind assistance. Shorebirds, which typically complete their migration by a few long flights, are often highly prone to exploit tailwinds for their migratory bouts [32,36] in the same way as migrant moths [4–6].

Migratory noctuids are known to orient their flight headings close to the downwind direction, so that they maximize their displacement speed [4–6,21]. This was indeed the case in the present study, with the mean difference between the silver Y moths’ flight headings and downwind directions being only 2° ($r = 0.77$) in spring and 16° ($r = 0.83$) in autumn (figure 1f and table 1). As a result of their proficiency in selecting favourably directed tailwinds, their mean flight headings were consequently rather close to their preferred seasonal migration directions of north in spring and south in autumn (spring: $\alpha = 347^\circ$, $r = 0.79$; autumn: $\alpha = 200^\circ$, $r = 0.62$; figure 1g). Passerines maintained flight headings in their seasonally beneficial directions (spring: $\alpha = 22^\circ$, $r = 0.91$; autumn: $\alpha = 209^\circ$, $r = 0.95$; figure 1g), irrespective of the wind direction, and there was a relatively high degree of overlap between the moths and birds in both seasons (table 1). Given the prevailing wind conditions in the study period, and the absence of selectivity, passerines often travelled into cross-winds and even head-winds, and as a consequence there were considerably larger discrepancies between flight heading and the downwind direction among passerines than observed in the moths ($p < 0.001$; table 1 and figure 1f).

Owing to the effects of wind, the resulting track direction of individual migrants often differed from their heading direction by up to ± 60° with a similar distribution for moths and passerines (figure 1h and table 1). The angle between track and heading was kept within these limits by the silver Y moths’ selection of wind directions in rough agreement with their preferred migratory directions, and by the passerines’ faster airspeed restricting the effect of the wind vector. Cases where track and heading directions differed by more than 90° (in either direction), reflecting situations where individuals were overpowered by the winds (and thus displaced sideways or even backwards) were rare: only 2–3% of passerines exhibited this and it has not been observed in moths.

We conclude that silver Y moths and passerines achieved extremely similar levels of travel speed and orientation performance during their nocturnal migratory flights in the northern temperate zone by way of contrasting risk-prone and risk-averse behavioural strategies, respectively, in
Figure 2. Schematic of how noctuid moths and passerine birds achieve similar speed and orientation performances by contrasting behavioural strategies in relation to the wind.

The evolution of long-range seasonal migration is comparatively rare among the Noctuidae compared with passerines: only 3 per cent of noctuids found in northwest Europe are regular long-range migrants from the Mediterranean, compared with 44 per cent of songbirds (see the electronic supplementary material), which implies that it may be a difficult strategy for insects to evolve. However, once it has arisen, it is clearly a highly beneficial strategy as many long-range migrant Lepidoptera are undergoing rapid population increases in northwest Europe [42]. These changes are in contrast to the fortunes of many migratory passerines in the same region, which have undergone severe declines in recent decades [8,9,43]. These contrasting fortunes may be partly explained by the highly efficient migration strategies of noctuid moths, in combination with their enormous breeding potential and highly adaptable life-history strategies.

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