Phenotypic engineering of sperm-production rate confirms evolutionary predictions of sperm competition theory

Kiyono Sekii1,2, Dita B. Vizoso1, Georg Kuales3, Katrien De Mulder3,†, Peter Ladurner3 and Lukas Schärer1

1Evolutionary Biology, Zoological Institute, University of Basel, Basel, Switzerland
2Department of Zoology, University of Oxford, Oxford, UK
3Evolutionary Developmental Biology, Institute of Zoology, University of Innsbruck, Innsbruck, Austria

Sperm production is a key male reproductive trait and an important parameter in sperm competition theory. Under sperm competition, paternity success is predicted to depend strongly on male allocation to sperm production. Furthermore, because sperm production is inherently costly, individuals should economize in sperm expenditure, and conditional adjustment of the copulation frequency according to their sperm availability may be expected. However, experimental studies showing effects of sperm production on mating behaviour and paternity success have so far been scarce, mainly because sperm production is difficult to manipulate directly in animals. Here, we used phenotypic engineering to manipulate sperm-production rate, by employing dose-dependent RNA interference (RNAi) of a spermatogenesis-specific gene, macbol1, in the free-living flatworm Macrostomum lignano. We demonstrate (i) that our novel dose-dependent RNAi approach allows us to induce high variability in sperm-production rate; (ii) that a reduced sperm-production rate is associated with a decreased copulation frequency, suggesting conditional adjustment of mating behaviour; and (iii) that both sperm production and copulation frequency are important determinants of paternity success in a competitive situation, as predicted by sperm competition theory. Our study clearly documents the potential of phenotypic engineering via dose-dependent RNAi to test quantitative predictions of evolutionary theory.

1. Introduction

Male allocation towards sperm production is a key parameter in sperm competition theory. When several sperm donors copulate with the same recipient, this can lead to sperm competition between their ejaculates [1], an important aspect of post-copulatory sexual selection [2,3]. With increasing levels of sperm competition, higher sperm production is predicted, since the paternity share will depend, at least partly, on the relative amounts of sperm transferred by each donor [3,4]. Supporting this prediction, many interspecific comparative studies have shown a positive correlation between relative testis size (a common morphological proxy for sperm production) and mating system (a proxy for sperm competition level) in a large range of animal taxa (e.g. [5–10]; reviewed in [11]). In contrast, direct empirical evidence for the selective pressure on sperm production under sperm competition is less abundant. While there are a fair amount of studies showing a positive correlation between relative testis size and sperm transfer and/or paternity success [12–16], few have experimentally manipulated sperm production. These include experimental evolution studies where individuals were kept under conditions with more or less sperm competition over many generations, leading to the expected changes in relative testis size and paternity success [17–20]. However, this approach does not disentangle effects of potentially correlated changes in other traits.

Moreover, there is considerable evidence to suggest that costs associated with sperm production are substantial [21–24], and theory and empirical
studies suggest that, to lower the risk of sperm depletion, individuals should be economical about their sperm allocation and, when possible, conditionally adjust it depending on factors such as sperm competition level and the mate's quality and mating history (reviewed in [11,25]). Furthermore, individuals may be expected to conditionally adjust their copulation frequency depending on the amount of all ejaculate components they have available at a given time [26] (in this study, we focus on sperm). Studying the direct link between the amount of own sperm and the resulting adjustment of mating behaviour has, however, been challenging so far, since manipulation of sperm reserves has generally been achieved by manipulating the mating history [27–29], potentially affecting other traits and possibly confounding the effect of the own sperm availability.

The scarcity of studies directly manipulating sperm production is probably owing to animal tests usually being internal and thus difficult to assess, let alone manipulate in vivo (but see [30]). However, manipulating phenotypic traits and examining the link between their values and their fitness effects is a powerful approach in evolutionary biology, and has yielded capital insights into the function of a broad range of different traits [31–34]. Here, we have established a method to experimentally and quantitatively manipulate sperm-production rate in the free-living flatworm *Macrostomum lignano*, and used it to test two predictions from sperm competition theory: that copulation frequency may be adjusted based on the availability of ejaculate components [26] (i.e. sperm in this study), and that paternity success should scale positively with sperm production [3,4].

*Macrostomum lignano* is an excellent model in developmental [35,36] and evolutionary biology [37,38] that permits powerful experimental approaches to study reproduction. For example, its transparency allows measuring sperm-production rate in vivo [39] and molecular genetic tools allow manipulating organ-specific gene expression [40,41]. Moreover, worms can strategically adjust copulation frequency based on the quality of mating partners, copulating more frequently with well-fed partners [42]. Here, we experimentally manipulated sperm-production rate using a novel dose-dependent RNA interference (RNAi) gene knockdown approach. Specifically, we modulated the expression of *macbol1*, an essential gene for spermatogenesis in *M. lignano* [35], and were able to show that double-stranded RNA (dsRNA) suppressed sperm-production rate in a dose-dependent manner, leading to different amounts of sperm ready to be donated. Moreover, we found that copulation frequency was associated with sperm-production rate, suggesting conditional adjustment of the mating behaviour. Using microsatellite paternity analysis, we could then show that sperm-production rate and copulation frequency affected paternity success. To our knowledge, this is the first study to use quantitative phenotypic engineering to study the link between sperm-production rate and both mating behaviour and paternity success.

2. Material and methods

(a) Study organism

*Macrostomum lignano* (*Macrostomorpha, Platyhelminthes*) is an outcrossing simultaneous hermaphrodite [37] from the interstitial sand fauna of the Northern Adriatic [43]. It is transparent, allowing non-invasive measurements of body, testis, ovary and seminal vesicle size [37]. Copulation is reciprocal, with mutual insertion of the copulatory styles into the partner’s female gonopore [44]. In the laboratory, worms are kept in Guilard’s f/2 medium [45] in glass Petri dishes and fed with the diatom *Nitzschia curvilineata*, at 20°C on a 14:10 light/dark cycle [46].

(b) Experiment rationale

To phenotypically engineer the sperm-production rate, we modulated the expression of the testis-specific *macbol1* gene with a novel dose-dependent RNAi approach. *macbol1*, a boule gene belonging to the DAZ gene family [47,48], has testis-specific expression, and its complete RNAi knock-down results in arrested spermatogenesis, leading to an empty seminal vesicle and male sterility [35]. Varying the dsRNA dose produces intermediate *macbol1* RNAi phenotypes, allowing us to engineer a broad range of sperm-production rates (see §2d). To quantify these different rates, we examined changes in seminal vesicle size, which reflects the amount of sperm contained in it and changes in response to different sperm-production rates [39]. As germ cells that do not complete spermatogenesis do not reach the seminal vesicle [35,40], changes in seminal vesicle size caused by the *macbol1* RNAi treatment can be attributed to differences in the amount of fully differentiated sperm produced, thus providing a proxy for sperm-production rate (i.e. a higher sperm-production rate leads to a larger increase in seminal vesicle size; see §2c). Finally, to test the consequences of this experimentally induced variation in sperm-production rate, we performed sperm competition experiments, using competitors as first sperm donors and focals as second sperm donors, always facing sperm competition to sire the eggs of recipients (see §2c.f). In *M. lignano*, second male paternity success (P2) has a mean P2-value of 0.64 (P. Sandner, D. B. Vizoso, T. Janicke & L. Schärer 2010, unpublished data). Paternity was assessed with a microsatellite marker (see §2c). The experiment’s timeline is shown in the electronic supplementary material (figure S1).

(c) Experimental animals

To minimize undesired genetic variation, we used fixed genotypes for the focals, recipients and competitors, using our established inbred lines (DV lines, with over 40 generations of inbreeding; D. B. Vizoso 2010, unpublished data). Recipients were the offspring of DV13 fathers and DV8 mothers (crossed on day 1) and were individually distributed on day 15 into 24 well plates (Techno Plastic Products, Switzerland; electronic supplementary material, figure S1). Focals had DV71 fathers and DV28 mothers (crossed on day 5) and were individually distributed on day 12 (1 day old) into 60-well microtest plates (Greiner Bio-One, Germany), and immediately submitted to the RNAi treatment. Competitors were pure DV69 worms (the intended cross between DV69 and DV3 was unsuccessful), collected on day 24 as adults from a mass culture and thereafter kept individually until they were paired with the recipients. While line DV69 may have been a weak competitor owing to inbreeding, these worms were clearly able to sire viable offspring in the recipients (see §3).

(d) RNAi treatment

We used seven doses for the RNAi treatment. The control dose (D1) did not contain any dsRNA and was expected to produce a large seminal vesicle filled with sperm. In the highest dose (D7), the dsRNA concentration was 4.85 ng µl⁻¹, and was expected to produce an empty and small seminal vesicle [35]. The intermediate five doses were made in a 2.5× dilution series (i.e. D6, 2.11 ng µl⁻¹; D5, 0.917 ng µl⁻¹; D4, 0.399 ng µl⁻¹; D3, 0.173 ng µl⁻¹; D2, 0.0754 ng µl⁻¹) and were expected to produce intermediate seminal vesicle sizes. The dsRNA probe was synthesized in vitro as
previously described [35] (see also ‘macrolI dsRNA synthesis’ in the electronic supplementary material).

During RNAi treatment, focals were kept individually in 60-well microtiter plates (their positions spatially balanced for dose) in 10 μl of dsRNA solution (in 1/2 with 50 μg ml⁻¹ of kanamycin and ampicillin [41]) with ad libitum diatoms, and transferred daily into a new well with fresh dsRNA solution and diatoms. The initial sample size was n = 168 (24 replicates for each of the seven dsRNA doses).

(e) Morphological measurements

On days 22, 25 and 28 (i.e. when the focals were 11, 14 and 17 days old, respectively), we measured the focals’ seminal vesicle size to confirm successful manipulation of the sperm-production rate. Having grown up in isolation, seminal vesicle size should reflect the complete sperm production of these worms up to that point. We also measured body, testis and ovary size, which might be important factors for paternity success. The measurements were performed as previously described [37]. Briefly, we took images of worms relaxed with MgCl₂ and squeezed dorsoventrally using a Leica DM 2500 microscope (Leica Microsystems, Germany), a digital video camera (DFK 41BF02, The Imaging Source, Germany) and the software BTV Pro v. 6.061 (http://www.bensoftware.com). Body size was photographed at 40× magnification, and testis, ovary and seminal vesicle size at 400× magnification. We measured the area of the traits using ImageJ v. 1.37v (http://rsb.info.nih.gov/ij). For tests and ovary size, we used the sum of both left and right testes (or ovaries). We visually scored the seminal vesicle’s fill grade (see §2h).

(f) Sperm competition experiment

On days 22 and 30 (i.e. focals were 18 or 19 days old, recipients 22 or 23 days old and competitors two months old), we performed the sperm competition experiment. Copulations were set up and filmed in mating chambers as previously described [44], pairing worms in 4 μl of f/2 medium in mating chambers. Each chamber contained 14 drops, spatially balanced for dose. Recipients were first paired with a competitor for 2 h, immediately recovered, and (within 25 minutes) then paired with a focal for an additional 2 h. Recipients had been colourized in f/2 medium with a red food colourant (6.25 mg ml⁻¹, E124, Werner Schweizer AG, Switzerland) for 12 h prior to mating, to visually distinguish them. We filmed the mating chambers using digital video cameras (DFK 31BF03, The Imaging Source, Germany or DFW-X700, Sony, Japan) and the software SECURITYSPY v. 2.0.3 (http://www.securityspy.com), producing time-lapse movies of 1 frame per second. We scored the copulation frequency and the copulation duration by visual frame-by-frame analysis [44].

(g) Paternity analysis

After the sperm competition experiment, the recipients were kept isolated in 24-well plates. We fixed the recipients’ offspring when about 7 days old (day 40 onwards) in 75 per cent ethanol and stored them at −20°C until genotyping. After evaporating the ethanol, we extracted DNA by adding MgCl₂-free PCR buffer containing 0.5 μg ml⁻¹ of Proteinase K (Sigma Aldrich, USA), breaking up tissue by freezing at −80°C for 1 h, digesting at 50°C for 1 h and inactivating the Proteinase K at 95°C for 15 min. Using this extraction, we amplified the microsatellite locus Macro21 by PCR with a fluorescent conjugated forward primer 5’-TTC ATC AAC ATC AGC CTT ATC C-3’ and a reverse primer 5’-CTG CTA CTG AGG TGT TTG G-3’. The PCR conditions were 15 min at 95°C, 35 cycles of 30 s at 94°C, 90 s at 53°C and 60 s at 72°C, and 30 min at 60°C. We performed genotyping using an ABI3130xl Genetic Analyzer (Applied Biosystems, USA) and the software GENEMAPPER v. 4.0 (Applied Biosystems). Competitors and recipients were chosen to be monoallelic at the Macro21 locus (allele size 90 bp), while focals never carried that allele (they had alleles of 87 bp and/or 97 bp). Therefore, paternity of offspring carrying alleles other than the 90 bp allele could be unequivocally assigned to the focal (assuming no genotyping errors or mutations).

(h) Statistical analyses

We tested if the dsRNA doses successfully manipulated sperm-production rate, as indicated by changes in seminal vesicle size from the second to the third measurement, using a repeated-measures ANOVA with seminal vesicle size as response variable and dsRNA dose as fixed factor. We excluded the first measurement, because about 20 per cent of the worms were still immature and lacked mature copulatory styles. When the seminal vesicle was absent its size was considered zero (two of 147 individuals in the second measurement). Generally, empty seminal vesicles are very small, but their size is not zero. Therefore, we also assessed the seminal vesicles’ fill grade at the third measurement, blind with respect to the treatment group. We call it ‘full’ if both compartments (the true and the false seminal vesicle [43]: electronic supplementary material, figure S2) were densely packed with sperm, ‘fairly full’ if individual sperm were distinguishable in both, ‘half full’ if only the true seminal vesicle contained ample sperm, ‘fairly empty’ if only a few sperm were seen and ‘empty’ if both were empty. We tested whether dsRNA dose affected the fill grade using Pearson’s χ²-test.

We examined whether dsRNA dose affected the amount of sperm that the worms had immediately before the sperm competition experiment, as indicated by seminal vesicle size at the time of the third measurement, as well as other morphological traits, such as body, testis and ovary size. Moreover, we tested if dsRNA dose also affected mating behaviour, performing linear regression analyses of the focals’ copulation frequency and duration onto the dsRNA dose (as a continuous variable), which was the logₑ-transformed dsRNA concentration. As the control’s concentration (D1) was 0 ng μl⁻¹, we added 0.1 to all the concentrations before logₑ-transformation. In this analysis, seminal vesicle size was also logₑ-transformed to improve the distribution of the data. Note that the previous analysis was used to confirm that the RNAi treatment worked as intended, by testing whether the increase of seminal vesicle size (our estimate of sperm-production rate) is different between dsRNA dose treatments, while the analysis conducted here describes how the final phenotype of the focals in the sperm competition experiment was affected as a function of dsRNA dose. We then include those phenotypes as predictors in subsequent analysis to examine their effects on paternity success.

We examined if the focals’ copulation frequency correlated with seminal vesicle size, which would suggest that copulation frequency may be conditionally adjusted as sperm production changes. As we paired the same recipients with both the competitors and the focals, we also examined the correlation between the copulation frequencies of focals and competitors, as they are potentially dependent (although each copulation trial occurred independently with no direct interaction between focals and competitors).

Finally, we examined the effect of the predictor traits on paternity success. Here, we fitted generalized linear models (GLMs) using a logit-link function. Logistic regression-based GLMs are the standard statistical tool for handling proportional data such as paternity success [49,50], especially if the data include many zeroes and ones, as is the case here. We used quasi-GLMs to correct for overdispersion [50,51]. We handled the number of offspring sired by the focals and the competitors as a two-vector response to take into account the accuracy with
which paternity success could be estimated. For model selection, we first fitted a full model, including all morphological or behavioural traits of the focals that were affected by dsRNA dose (see §3). In addition, we also included information on the copulation frequency of the competitors, which could potentially have influenced the focals’ paternity success. As we found a significant negative correlation between the copulation frequency of the focals and the competitors (see §3), we here used the difference and the sum of these two variables in the analysis (called delta copulation frequency and total copulation frequency, respectively), which are uncorrelated. In summary, the full model contained the seminal vesicle size (at the third measurement), the delta copulation frequency and the total copulation frequency (see full model in table 1). Then, by stepwise deletion of non-significant parameters, we selected a reduced model containing only the parameters with significant effects on paternity success. To statistically test the effects of these terms in the reduced model, we performed an analysis of deviance with F-statistics, as recommended when using a quasi-GLM [51,52].

Initial sample size was \( n = 168 \) (24 replicates for each of the seven dsRNA doses), but 21 worms (balanced over the treatment groups) were excluded because they did not mature or died during the experiment. The effect of dsRNA doses on sperm production rate and seminal vesicle’s fill grade was thus tested on 147 individuals. A further 82 replicates were excluded from the other tests (four were lost during experiment, in 61 either the focal or its competitor did not copulate and in 17 the recipients produced none or only one offspring) for a final sample size of 65 (D1, \( n = 8 \); D2, \( n = 11 \); D3, \( n = 10 \); D4, \( n = 12 \); D5, \( n = 8 \); D6, \( n = 9 \); D7, \( n = 7 \)).

We performed the statistical analyses using JMP v. 8.0.2 (SAS Institute, USA) and R v. 2.10.1 (R Development Core Team, Austria). The data of this study are available in the electronic supplementary material.

### Table 1. Model selection of the effects on paternity success of the predictor traits seminal vesicle size, delta copulation frequency and total copulation frequency.

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<td>51.67</td>
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<td>1, 62</td>
<td>4.95</td>
<td>0.030</td>
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### Figure 1. Effect of the dsRNA dose on sperm production. (a) Change in seminal vesicle size from the second to the third measurement. Seminal vesicle size at lower dsRNA doses (ng \( \mu l^{-1} \)) increased quicker than at higher doses. Error bars indicate s.e. (b) The seminal vesicle’s fill grade at the third measurement. At the lowest dsRNA dose, seminal vesicles were filled with sperm and gradually became emptier at higher doses. \( n = 147 \).

3. Results

At the highest dose, \( mac \\_ \_ \_ pe \\_ 1 \) RNAi generally produced empty seminal vesicles (see the electronic supplementary material, figure S2), as expected [35]. Sperm-production rate was strongly affected by dsRNA dose, as indicated by the significant treatment and time effects on seminal vesicle size between the second and third measurement (figure 1a; repeated-measures ANOVA: treatment, \( F_{6,140} = 31.41, p < 0.0001 \); time, \( F_{1,140} = 24.05, p < 0.0001 \); time \( \times \) treatment, \( F_{6,140} = 11.41, p < 0.0001 \)). Specifically, seminal vesicles were significantly smaller at higher dsRNA doses and generally grew over time owing to the accumulation of produced sperm, but this increase occurred only at the lower dsRNA doses, as indicated by the significant interaction term. The seminal vesicle’s fill grade was also affected by dsRNA dose.
The seminal vesicles more often (Pearson’s 

\( r = -7.23 \)

\( p < 0.001 \)

\( R^2 = 0.45 \)

Effects of the dsRNA dose on final seminal vesicle size and copulation frequency. (figure 1 and figure 4).

The focals’ seminal vesicle size at the third measurement. (a) The dsRNA dose significantly affected seminal vesicle size, slope = –0.455, \( t = -7.23 \), \( p < 0.001 \), \( R^2 = 0.45 \).

The focus region’s copulation frequency during the sperm competition experiment. \( n = 65 \).

The primary predictors for paternity success identified by the reduced model were seminal vesicle size and delta copulation frequency, both of which had a positive relationship with paternity success (see reduced model in table 1 and figure 4).

Figure 2. Effects of the dsRNA dose on final seminal vesicle size and copulation frequency. (a) The focals’ seminal vesicle size at the third measurement. (b) The focals’ copulation frequency during the sperm competition experiment. \( n = 65 \).

Figure 3. Correlation between the focals’ copulation frequency and seminal vesicle size. \( n = 65 \).

4. Discussion

(a) Phenotypic engineering of sperm-production rate

Our novel experimental approach, a dose-dependent RNAi gene knock-down, succeeded in producing considerable variation in sperm-production rate, as reflected by different rates of increase in seminal vesicle size over time at different dsRNA doses. Moreover, our approach allowed us to manipulate the number of sperm available to sperm donors (estimated as seminal vesicle size at the third measurement). The obtained broad variation may be difficult to achieve with approaches such as artificial selection [53,54], experimental evolution [17–19] or phenotypic plasticity [37,39,55] (reviewed in [56]).

The RNAi treatment could potentially have affected traits other than the targeted sperm-production rate. While our data suggest that none of the other morphological traits was significantly affected by the RNAi treatment, testis size in fact tended to be larger at higher doses. As the \( macbol1 \) gene acts during meiosis, the pre-meiotic proliferation of the male germ line seemed not to be halted by the RNAi treatment, leading to some accumulation of malformed sperm in the testis, presumably because immature or malformed sperm are not transferred to the seminal vesicle [35]. One might have expected that knocking down a testicular gene would lead to smaller testes, which we clearly did not observe here. To achieve this, earlier-acting testicular genes should be targeted. We cannot exclude the possibility that \( macbol1 \) RNAi affected other unmeasured traits of sperm competitiveness such as sperm morphology, mobility or viability. It appears, however, that fertilization ability was not strongly affected, as offspring were successfully sired by focals of each treatment group, including the highest dsRNA dose.

In summary, we show that phenotypic engineering via dose-dependent RNAi allows us to quantitatively manipulate a specific trait—sperm-production rate—and thus to disentangle its fitness effects from those of other traits. Dose-dependent RNAi may therefore be a powerful approach to study not only the consequences of variation in sperm production, but also those of other traits that may otherwise be difficult to manipulate quantitatively [57]. One potentially
Coefficients used for each fitted curve are derived from the reduced model presented in table 1.

The dsRNA dose significantly affected copulation frequency, so dose-dependent RNAi of macbol1 does not allow one to manipulate sex allocation directly (as ovary size was unaffected by the manipulation), we argue that it does manipulate the most important outcome of a change in male allocation: sperm-production rate (but see also [60]). This approach could therefore allow us to describe the shape of the male fitness gain curve under different conditions by mimicking the outcome of varied male allocation.

Although we found a positive effect on paternity success of the focal copulating more frequently than the competitor (i.e. the effect of delta copulation frequency), a conditional reduction of copulation frequency may still be beneficial, especially when the amount of available sperm is limited. For example, by reducing copulation frequency, individuals may save and/or replenish sperm for novel and/or better mates. A decline in sexual motivation towards a familiar mating partner, or Coolidge effect [62,63], has been widely reported in animals [64,65], including the simultaneously hermaphroditic pond snail [66]. In our study, the focals were allowed to copulate only with one recipient. It might be possible that copulation frequency was more severely reduced in focals with limited sperm availability, because inseminating the same partner would only provide diminishing marginal fitness returns, and thus be costlier for such worms. It would be intriguing to examine if adding new mates would restore decreased copulation frequencies in a sperm-availability-dependent manner. A change in copulation frequency could in theory be caused by differential sperm-production rates (i.e. rate of sperm replenishment) and/or differential amounts of sperm stored in the seminal vesicle, but we can not distinguish these two possibilities in this study since both factors were manipulated non-independently.

**Figure 4. Effects of the phenotypic predictors on paternity success.**

**a** Effect of seminal vesicle size on paternity success. **b** Effect of delta copulation frequency on paternity success. Coefficients used for each fitted curve are derived from the reduced model presented in table 1. 

**(b) Conditional adjustment of mating behaviour**

The dsRNA dose significantly affected copulation frequency, with focals subjected to lower doses (and thus having larger seminal vesicles) copulating more frequently than those from higher doses. Considering that the macbol1 gene shows male-gamete-specific expression and acts during male meiosis [35], it seems unlikely that its decreased gene expression would directly affect mating behaviour. The observed changes in copulation frequency are therefore more likely to be a consequence of the change in sperm production, suggesting a conditional adjustment of mating behaviour based on sperm availability (possibly perceived as a differentially filled seminal vesicle). Unexpectedly, we also found a significant negative correlation between the focals’ and the competitors’ copulation frequency. One possible explanation for this is the influence of previous mating history on mating strategy within the recipients. That is, the more the recipients copulated with the competitors, the lower their mating motivation may have been when copulating with the focals, which would match recent findings about differences in mating motivation between virgin and sexually experienced worms [61].

**Paternity success increases with sperm-production rate**

Our results suggest that sperm-production rate, as well as delta copulation frequency, had a positive relationship with paternity success, as predicted by sperm competition theory. Sperm competition is a common phenomenon and an important aspect of post-copulatory sexual selection [2,3]. Although many comparative studies have suggested that increased sperm competition favours an increased expenditure on sperm production, as assessed by testis size [5–10], only a few studies have tested the effect of sperm-production rate on paternity success within a single species. For example, testicular circumference of Soay sheep [12] and external testis length of yellow-pine chipmunk [13],
both proxies for testis size, positively correlate with paternity success. However, these results may need to be interpreted with some caution, because the testes of mammals also produce hormones that can affect other traits, such as behaviour or ornaments [67]. Moreover, very few studies have manipulated sperm production experimentally to look at its effect on sperm competitiveness. In some studies, gonad size was manipulated indirectly via experimental evolution regimes (e.g. monogamous and polygamous selection [17,19]) or genetic manipulation [68], with mixed results. Male yellow dung flies from polygamous lines had larger testes and sired more offspring than males from monogamous lines [17], while the smaller testes of monogamously selected male fruit flies did not lead to a consistent reduction in competitiveness [19]. However, experimental evolution can potentially affect other traits influencing paternity success, which would confound the actual fitness effects of the trait in question. In our study, we directly manipulated one particular gene involved in spermatogenesis in individuals that otherwise had an identical genetic background, which has been suggested as a powerful way of studying traits [57]. Moreover, our approach left the decision on sperm allocation to the females, as opposed to sperm number manipulations prior to artificial fertilization [69]. Our results thus represent some of the most direct evidence that higher sperm production is indeed beneficial for sperm competitiveness and paternity success in copulating animals. Our technique offers considerable promise to test more quantitative aspects of sperm competition theory.

As a corollary, we found that, even when taking the effect of seminal vesicle size into account, the delta copulation frequency offers considerable promise to test more quantitative aspects of sperm competition theory. Moreover, our approach left the decision on sperm allocation to the females, as opposed to sperm number manipulations prior to artificial fertilization [69]. Our results thus represent some of the most direct evidence that higher sperm production is indeed beneficial for sperm competitiveness and paternity success in copulating animals. Our technique offers considerable promise to test more quantitative aspects of sperm competition theory.

5. Conclusions

We successfully manipulated sperm-production rate using dose-dependent RNAi and provide clear experimental evidence for a key prediction of sperm competition theory that higher sperm-production rate is beneficial for paternity success. Moreover, our study indicates that, although copulation frequency is an important factor for gaining paternity success, it may be adjusted based on the availability of own sperm. Our study shows that phenotypic engineering of sperm-production rate is a powerful tool for detailed quantitative experimental studies on predictions of evolutionary theory.

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