Could the human papillomavirus vaccines drive virulence evolution?

Carmen Lía Murall1,2,†, Chris T. Bauch2,‡ and Troy Day3

1Department of Integrative Biology, and 2Department of Mathematics and Statistics, University of Guelph, Guelph, Ontario, Canada
3Department of Mathematics and Statistics and Department of Biology, Queen’s University, Kingston, Ontario, Canada

The human papillomavirus (HPV) vaccines hold great promise for preventing several cancers caused by HPV infections. Yet little attention has been given to whether HPV could respond evolutionarily to the new selection pressures imposed on it by the novel immunity response created by the vaccine. Here, we present and theoretically validate a mechanism by which the vaccine alters the transmission–recovery trade-off that constrains HPV’s virulence such that higher oncogene expression is favoured. With a high oncogene expression strategy, the virus is able to increase its viral load and infected cell population before clearance by the vaccine, thus improving its chances of transmission. This new rapid cell-proliferation strategy is able to circulate between hosts with medium to high turnover rates of sexual partners. We also discuss the importance of better quantifying the duration of challenge infections and the degree to which a vaccinated host can shed virus. The generality of the models presented here suggests a wider applicability of this mechanism, and thus highlights the need to investigate viral oncogenicity from an evolutionary perspective.

1. Introduction

There is considerable excitement surrounding the human papillomavirus (HPV) vaccines due to their innovative virus-like-particle (VLP) technology and the very high efficacy rates found in clinical trials [1,2]. The HPV vaccine is hailed as a very effective preventive measure against the several cancers (cervical, penile, anal and head-and-neck) that are caused by this very common sexually transmitted virus. As HPV is a double-stranded DNA (dsDNA) virus, it is often argued that it is unlikely that escape mutants could evolve to evade the VLP-induced immunity against the virus’s L1 surface protein, as is common in RNA virus evolution [2,3]. Lacking in these discussions of potential HPV vaccination response (vaccine escape or type replacement) is the idea that viruses can respond to vaccines by increasing their virulence [4,5]. An important example of which to note is the vaccine-induced evolution of Marek’s disease virus (MDV), which is also a dsDNA oncovirus. Unexpectedly, MDV has evolved increased virulence and escape mutants in response to several vaccination campaigns [6,7]. Here, we heed this cautionary tale and are the first to investigate the potential of HPV to evolve higher virulence in response to the vaccine immunity.

In many infections, the within-host density of the infectious agent is the appropriate measure of virulence. For example, Antia et al. [8] define a lethal quantity of a parasite as a natural choice for the maximal level of virulence and they show that within-host dynamics select for a quantity that is just below lethal. However, HPV is mostly avirulent and asymptomatic, and is carried at low within-host densities. Only after several years of persistence do HPV infections become deadly by the transformation of host cells that have become malignant after the infection has stopped being productive for the virus [9,10]. Thus, the classic definition of virulence as a consequence of high nearly lethal parasite dose as a strategy that benefits the virus does not readily apply to natural HPV infections.

Defining HPV’s virulence requires understanding the selection pressures that shape less virulent pathogens and, specifically, oncoviruses. HPV exists as dozens
of different types (i.e. strains) with differing pathologies; the most clinically relevant being the high-risk (HR) types that have oncogenes (E5, E6 and E7) that interfere with the cell’s growth cycle [11]. Despite the cancer-centric name, the main function of the oncogenes is to stimulate cell cycle re-entry in the mid-epithelial layers in order to allow genome amplification [11]. As a result, the virus cannot replicate without the oncogenes. There are two main additional beneficial functions of these genes in HR types. First, the oncogenes interfere with the innate immune system (e.g. inhibition of interferon synthesis and receptor signalling [11,12], thus delaying the activation of the adaptive immune response [13]. Second, the oncogenes inactivate the host’s cell cycle regulators (proteins p53 and pPB) in order to stimulate cell proliferation [14]. This increases the number of infected cells without having to infect new cells or to increase the intrinsic replication rate of the virus. Both of these oncogene functions improve the chances of transmission by increasing the duration of the infection and by increasing the amount of viruses transmitted per host-to-susceptible contact. Nevertheless, it has been found that these oncogenes are not expressed at high levels during acute infections because the early viral protein E2 suppresses oncogene expression [10,15]. If the oncogenes are very beneficial, then why are they not expressed in higher quantities?

It is believed that the cost of stimulating the growth of a large density of infected cells is rapid detection by the immune system. Indeed, low-risk (LR) types that create genital warts are cleared faster than HR types [11,16], because most HR lesions are initially flat and inconspicuous, and only with time does the extra cell proliferation they induce become notable to immune agents [11]. Clearance after immune detection, then, appears to be a major factor affecting HPV’s life history. Therefore, we and Orlando et al. [16] believe that the main trade-off that affects this virus is the transmission–recovery trade-off [17,18], and not the classic transmission–virulence trade-off that constrains more virulent pathogens [16] (we are unaware of studies that suggest the contrary). The transmission–recovery trade-off posits that host recovery is the main limitation on pathogen replication because if recovery happens before transmission, then the pathogen’s basic reproduction number R0 is less than 1 and it cannot persistently circulate. Generally, the transmission–recovery trade-off is believed to be the main selection pressure constraining less virulent pathogens [17].

Vaccinated hosts are a new environment in which the vaccine-induced immune response will act as a strong, novel selective pressure. A unique feature of the immunity induced by the HPV vaccines is that it triggers a large antibody response, one that is at least two orders of magnitude larger than the natural response [19]. Also distinct from natural immunity is the duration of infection. Vaccine efficacy trials have shown that 99% of vaccinated hosts clear challenge infections with targeted types within six months [20]. We postulate that since the immune response in vaccinated hosts will always be triggered by memory cells and will always mount quickly, then the current ‘lay low’ strategy that HR vaccine-targeted types use to stay longer inside a host ceases to be effective. We investigated whether altering the transmission–recovery trade-off in vaccinated hosts could drive vaccine-targeted HR types to increase their virulence by changing their oncogene production. Using an evolutionary ecology modelling approach, we find that, indeed, higher oncogene expression is favoured in vaccinated hosts, which subsequently increases the chances of transmission before clearance by the vaccine.

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### Table 1. Within-host parameter estimates. The vaccine parameters \( \omega_{\text{vac}} \) and \( \delta_{\text{vac}} \) were set to be 100 times [19] the unvaccinated estimates listed in this table.

<table>
<thead>
<tr>
<th>parameter</th>
<th>estimate</th>
<th>references</th>
</tr>
</thead>
<tbody>
<tr>
<td>( \phi ) infection rate of uninfected cells</td>
<td>( 0.0067 \text{ d}^{-1} )</td>
<td>[22]</td>
</tr>
<tr>
<td>( \mu ) death rate of cells</td>
<td>( 0.048 \text{ d}^{-1} )</td>
<td>[23]</td>
</tr>
<tr>
<td>( k ) burst size</td>
<td>( 1000 \text{ virions/ cell} )</td>
<td>[23]</td>
</tr>
<tr>
<td>( \omega ) proliferation rate of CTL</td>
<td>( 0.001 \text{ d}^{-1} )</td>
<td>[24]</td>
</tr>
<tr>
<td>( a ) killing rate of CTL</td>
<td>( 0.01 \text{ d}^{-1} )</td>
<td>[25]</td>
</tr>
<tr>
<td>( \delta ) decay rate of free virions</td>
<td>( 0.05 \text{ d}^{-1} )</td>
<td>[26]</td>
</tr>
<tr>
<td>( r ) self-division rate of infected cells</td>
<td>( 0.1 \text{ d}^{-1} )</td>
<td>fixed</td>
</tr>
<tr>
<td>( N ) total population of available cells</td>
<td>( 10000 )</td>
<td>fixed</td>
</tr>
<tr>
<td>( \phi ) half-growth constant</td>
<td>( 10^{6} )</td>
<td>fixed</td>
</tr>
</tbody>
</table>

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### 2. Material and methods

We developed a within-host model to represent an HPV infection in an unvaccinated host, which was then modified to represent a vaccinated host. These models were then linked to epidemiological functions (similar to [8,17,21]) because selection pressures happen at both the within- and between-host levels. Note that parameter estimates for both within- and between-host models were taken from the literature (tables 1 and 2).

#### (a) Within-host models

The population of free virions, \( V \), come into contact with uninfected cells, \( X \), and infect them at a rate \( \phi \), making infected cells \( Y_1 \). See the electronic supplementary material, appendix, for the reduction that allows us not explicitly include \( X \) in the model. The first term of \( Y_1 \) encapsulates the creation of newly infected cells by the interaction of uninfected cells with free virions, where \( N \) represents the total population of all epithelial cells and \( \phi \) is a half-growth constant. The infected cells can either continue their life cycle or they can become self-proliferating cells, \( Y_2 \). These cells have a higher expression of the oncogenes E6 and E7, which drive the cells to divide more in the mid-layer of the epithelium before terminating and dying. Let \( e \) represent the rate of oncogene expression of the HPV type once in an infected cell. The rate of oncogene expression controls the conversion of \( Y_1 \) cells into becoming self-proliferating cells \( Y_2 \). Self-proliferating infected cells grow at a rate \( r_e \), proportional to their own density, and are dependent on oncogene expression (i.e. the higher the oncogene expression, the more cell division). Both types of infected cells contribute to the overall population of free virions (\( V \)) by differing virion production rates, \( k \). As HPV is a non-lytic virus, both kinds of infected cells die at the same rate \( \mu \), and their virion production rates are adjusted by the infected cell death rate, \( \mu_k \). Free virions are cleared at a rate \( \delta \) and the antibody response is captured implicitly by this viral clearance rate.

Finally, we assume that the cytotoxic T-cell (CTL) response, \( Z \), is only initiated by the growth of \( Y_2 \) and proliferates at a rate \( \omega \). The reason for this is twofold. First, HPV infection is exclusively intraepithelial, which causes no viremia and also hides antigen [11]; therefore extra cell growth is a signal to the
immune system that something is wrong [11,16]. Second, the cell-mediated response needed for clearance is predominately against the oncogene E612,13,36]. Note that for simplicity we assume that the CTL kills both groups of infected cells with equally efficiency, with the killing rate a. Altogether then the unvaccinated host model is

\[
\begin{align*}
\frac{dY_1}{dt} &= \psi V \left( \frac{N - Y_1}{\phi + (N - Y_1)} \right) - eY_1 - \mu Y_1 - aY_1Z \\
\frac{dY_2}{dt} &= eY_1 + rY_2 - \mu Y_2 - aY_2Z \\
\frac{dV}{dt} &= \mu (k_1Y_1 + k_2Y_2) - \delta V \\
\frac{dZ}{dt} &= \omega Y_2Z.
\end{align*}
\]

(2.1)

It should be noted that we considered a simpler model with only one infected cell population, and we also considered differential CTL killing rates (see the electronic supplementary material, appendix).

In order to represent vaccinated hosts, several changes were made to this model: (i) the vaccine causes a strong antibody response, therefore, \(\delta\) is increased to \(\delta_{\text{vac}}\); (ii) proliferation of the CTL is now initiated by the vaccine-created memory response, not the innate response, so only a very small amount of virus present (in \(Y_1, Y_2\) or \(V\)) will trigger the memory response targeting L1 epitopes to activate the adaptive response to invade, thus changing the \(Z\) equation and \(Z\)'s initial conditions; (iii) the antibodies that flood the infection site help prevent newly produced free virions from infecting new cells, \(\phi\). Together, this gives the model for a vaccinated host,

\[
\begin{align*}
\frac{d\bar{Y}_1}{dt} &= \psi V \left( \frac{N - \bar{Y}_1}{\phi + (N - \bar{Y}_1)} \right) - e\bar{Y}_1 - \mu \bar{Y}_1 - a\bar{Y}_1Z \\
\frac{d\bar{Y}_2}{dt} &= e\bar{Y}_1 + r\bar{Y}_2 - \mu \bar{Y}_2 - a\bar{Y}_2Z \\
\frac{d\bar{V}}{dt} &= \mu (k_1\bar{Y}_1 + k_2\bar{Y}_2) - \delta_{\text{vac}}V \\
\frac{d\bar{Z}}{dt} &= \omega_{\text{vac}}\bar{Z}.
\end{align*}
\]

(2.2)

where \(\bar{Z}_0\) is now set to a value that initiates the \(Z\) equation once the infection is started. This is equivalent to having a very low threshold, such that a very small amount of the virus triggers the response, which is equivalent to being triggered by the mere presence of the virus, and not viral growth dependent as it is in the unvaccinated host (see [37] and references therein). The CTL in a vaccinated host proliferate at a higher rate, \(\omega_{\text{vac}}\).

(b) Within-host viral fitness

Viral load is a measure of the virus’s reproductive output inside a particular host environment. The total amount of virus it is able to produce during the course of the infection represents the fitness of the virus for that particular within-host environment. We are interested to see how oncogene production changes viral output, so we want to determine the optimal oncogene strategy, \(e^\ast\), which is defined as the oncogene expression that maximizes the total viral output of a host. To determine this, we first find the total viral output \(V_{\text{total}}\) of a host [38], by finding the integral of the viral load curve \(V\):

\[
V_{\text{total}}(e) = \int_0^\infty V(e, t) \, dt;
\]

(2.3)

then, we find the maximum with respect to \(e\), which gives \(e^\ast\). We can then compare the \(e^\ast\) selected for in distinct within-host environments (vaccinated versus unvaccinated). Note that because the model cannot be solved analytically, equation (2.3) was computed numerically, which is also true for the equations that follow. The maxima were computed numerically using the function NMaximize in Mathematica.

(c) Transmission and between-host fitness

Next, we consider the effects of transmission. An optimal strategy at the within-host level might not be optimal for between-host transmission [39]. We consider, then, linking these within-host models to a transmission function that represents the relationship between viral load and transmission (similar to [8,21]). We considered a linear but scaled down rate of transmission, where \(0 < a < 1\):

\[
\beta(V) = a \cdot V.
\]

(2.4)

As HPV is for the most part avirulent (virus producing almost no mortality), we equate the reproduction number \(R_0\) to the number of new infections caused by an infected host before clearing the virions (similar to [38]). To find an expression for \(R_0\), we
consider an equation that represents the number of hosts infected by the focal infected individual

\[ I(t) + dt = I(t) + m g(t) \beta(t) dt. \]  

(2.5)

where \( m \) is the rate of sexual acts, \( g(t) \) is the probability that the partner is susceptible given a sex act, and \( \beta(t) \) is the probability of transmission given a sex act with a susceptible partner. From this equation, we get an expression for the total number of infected hosts an individual can cause, such that

\[ R_0(\epsilon) = \int_0^\infty m \cdot g(t) \cdot \beta(V(\epsilon, t)) \, dt. \]  

(2.6)

We include \( \epsilon \) as we are interested in how oncogene expression can affect the \( R_0 \) of the infected host. It is important to consider \( g(t) \) because humans are fairly monogamous, so transmission to a new host happens only after switching to a new sexual partner, the chance of which goes up in time. This changes the value of each contact event putting more weight on later sexual contacts. Thus, the state of partnership affects transmission of a sexually transmitted pathogen like HPV. We modelled \( g(t) \) explicitly using a model of three different states that the infected individual can be in with respect to sexual partnerships,

\[
\begin{align*}
\frac{db}{dt} &= m\beta(t)g - \alpha b \\
\frac{ds}{dt} &= \alpha g + \alpha b - \mu s \\
\frac{dg}{dt} &= \mu s - \alpha g - \mu b(t)g,
\end{align*}
\]

(2.7)

where \( r \) is the rate of new partner acquisition and \( s \) is the rate of partner break-up. Here, \( g(t) \) is the probability that a host is in a partnership with a susceptible, \( s(t) \) is the probability of them being single and \( b(t) \) is the probability that their partner is also infected. Note that a host can only be in one of these states at any given time \( g(t) + s(t) + b(t) = 1 \). The initial conditions were \( \{b, s, g\} = \{1/3, 1/3, 1/3\} \). The focal host, then, begins by being in a partnership with the host who gave them the infection, and then we assume that they become single before forming a new partnership, \( b \rightarrow s \). We assume that the host does not form partnerships with hosts that have the same infection. At rate \( m \beta(t)g \), the focal host infects their new partner and they, again, are in a partnership with an infected host, \( g \rightarrow b \). An analytic solution for \( g(t) \) is not easily found because \( \frac{ds}{dt} \) is non-autonomous, and so \( g(t) \) was calculated numerically.

(d) Host heterogeneity: immune status

HPV vaccine efficacy in immunocompetent patients is very high, where most vaccinated individuals clear challenge infections within six months [40]. The effect of the HPV vaccine in immunocompromised patients should be diminished, and overall the strength of the immune response will vary among individuals.

It is believed that immunocompromised patients can build a vaccine-induced humoral response because the HPV VLPs used in the vaccine are highly immunogenic [41]. For instance, HIV-positive men without low CD4+ counts have shown to successfully seroconvert after vaccination [42], though at lower titres than HIV-negative patients [43,44]. Immunocompromised individuals with low CD4+ counts or B-cell deficiencies will have trouble building the adaptive response needed to clear the HPV infection, and so, at the very least, vaccinated immunocompromised patients should clear a challenge HPV infection slower than vaccinated immunocompetent patients. Unfortunately, HPV vaccine efficacy and immunological studies in immunocompromised patients are few [43]. Here, we considered how impairment to the adaptive response affects the results by investigating results when CTL proliferation rates \( \omega \) and the initial densities of CTL were one order of magnitude lower than the parameter estimate and initial conditions of the natural case considered.

(e) Host heterogeneity: sexual behaviour

Sexual behaviour varies between hosts and with age. The host’s sexual partnership switching behaviour is important to the transmission of the virus. Hosts that are celibate or do not change sexual partners within the duration of the infection are ‘dead ends’ for the virus, signifying that the \( R_0 \) of that individual is less than 1, and thus only the formation of a new partnership can lead to transmission [45]. We classified sexual behaviour into four groups (table 1): ‘long partnerships’ represent individuals who are in long-term serial monogamous relationships; ‘short partnerships’ have on average two to five partners per year; ‘casual relationships’ have even higher partner turnover; and ‘superspreaders’, such as sex workers, have 20+ partners per year. Partner acquisition, break-up and sex act rates were obtained from the literature for these groups, and all these rates increase with increased partnership turnover (table 1). Also note that the per-partnership transmission probability is 0.6 for HPV [46], and its \( R_0 \) is 2, though higher for core-group individuals (e.g. superspreaders) [47].

3. Results

(a) Unvaccinated host results

The viral immunity dynamics were represented using a within-host model. For various values of oncogene expression, the unvaccinated model shows that CTL invasion is triggered if the virus drives many infected cells to divide quickly, thus shortening the duration of the infection (figure 1). The model, then, captures the recovery constraint that we expect. The amount of oncogene expression that is favoured under this constraint is the one that generates the maximal viral output within the duration of the infection (maximum of \( V_{\text{total}} \) equation (2.3)). For an infection of 1.5 years (HPV-16 is cleared between 0.5 and 4.9 years [48] and on average before 2 years) we find that the optimal oncogene expression, \( e^* \), is below 0.2 (figure 3a). This model thus depicts the HR HPV type strategy of producing few extra self-dividing infected cells in order to have lesions that are fairly flat on the surface during acute infections [16].

After calibrating the free parameter \( a \) to be \( 6 \times 10^{-6} \) such that the short partnership group had an \( R_0 \) of 2 [47], we then estimated the \( R_0 \) of the other sexual behaviour groups. The \( R_0 \) was 2.9 for the casual group, less than 1 for the long partnership group and 9.3 for superspreaders (figure 3b), which is realistic though a bit low considering the high partnership turnover rates of superspreaders.

(b) Vaccinated host results

Unlike the unvaccinated host, the vaccinated within-host environment does not select for low oncogene expression. Instead, oncogene expression can be very high since the total viral load, \( V_{\text{total}} \) grows monotonically with higher \( e \) values (figure 3c), suggesting that the cost of growth via cell division is removed in vaccinated hosts. For strains with low oncogene expression strategies, the total viral output is sufficiently low that the vaccine is able to clear them effectively (see figure 2, where \( Y_1 \), \( Y_2 \) and \( V \) decay to zero for \( e \) values below 0.7), suggesting that a high antibody response is an effective method to decrease viral replication. However, for higher \( e \) this no longer holds, and the exponential growth of \( V_{\text{total}}(e > 0.7) \) figure 3c can be explained by figure 2, where the \( Y_1 \), \( Y_2 \) and \( V \) curves grow before clearance. Therefore, higher
$\varepsilon$-driven growth allows the virus to produce a high viral load before the inevitable clearance by the vaccine. Note also that vaccinated immunodeficient hosts with high $\varepsilon$ ($\varepsilon > 0.5$) produce higher viral loads than vaccinated immunocompetent hosts with the same $\varepsilon$ (figure 3c). As another measure of virulence, comparing the populations of $Y_2$ cells shows that vaccinated hosts have fewer $Y_2$ cells than the unvaccinated host for $\varepsilon < 0.9$; however, for $\varepsilon > 0.9$ the $Y_2$ populations in
vaccinated hosts reach a higher peak (compare $Y_2$ curves in figures 1 and 2).

We determined the between-host fitness of the higher $\epsilon$ strategies by checking that the viral loads are high enough for transmission within a population (equation (2.6)). As there is no longer a maximum in the vaccinated host that defines the optimal oncogene expression, we instead determine where $R_0 = 1$ and define $\epsilon_{\text{vac}}^*$ as the oncogene expression necessary for a strain to persist in a population (figure 3d). We find that the $R_0(\epsilon)$ curve of the long partnership group does not reach $R_0 = 1$ within any reasonable $\epsilon$-value, implying that even with very high viral loads, there is not enough partner-switching to allow for transmission within the infection window. The other three groups (short, casual and superspreaders) do reach $R_0 = 1$ when $\epsilon = 3.3, 1.6$ and 1.3, respectively (figure 3d). We find that the shape of the vaccinated $R_0(\epsilon)$ curve rose for higher values of $\epsilon$, which is not possible in unvaccinated hosts because of the transmission–recovery trade-off (compare figure 3b and 3d). This implies that removing the ability of the virus to delay effector cell invasion allows types with higher oncogene expression to have $R_0$ values higher than 1, and thus can spread in the population. Consequently, the vaccine lifts the constraint that is most likely keeping HPV virulence low. Finally, comparing figure 3a and 3c, this shows that in vaccinated immunocompetent superspreaders, this new $\epsilon$ strategy requires a lower minimum viral load of less than 10 [7] for persistent transmission.

As the vaccine’s main response is humoral, we considered how increasing the strength of the antibody response affected $\epsilon_{\text{vac}}^*$. In figure 4a, we see that as $\delta_{\text{vac}}$ is increased to 100 times the natural antibody clearance rate, higher $\epsilon_{\text{vac}}^*$ is needed for a strain to persist. Thus, the vaccine response selects for high oncogene expression. The strains in the shaded regions that are above all three curves have $\epsilon$-values above $\epsilon_{\text{vac}}^*$ and could out-compete strains with lower $\epsilon_{\text{vac}}^*$, because they can circulate in all three kinds of hosts (figure 4a). In figure 4b, we plotted the derivative at $\epsilon_{\text{vac}}^*$ for different strengths of the humoral response (for increasing $\delta_{\text{vac}}$) as a measure of the strength of the selection for $\epsilon_{\text{vac}}^*$. Selection for $\epsilon_{\text{vac}}^*$ is faster when the humoral response is weaker ($\delta_{\text{vac}} < 1$) and it is also faster in immunodeficient hosts (figure 4b), suggesting that immunodeficient patients provide a better environment for the emergence of more virulent strains.

Note that the long partnership group is not included in the analysis in figure 4 because this group does not reach $R_0 = 1$ (as explained above). This implies that hosts engaged in longer partnerships and who have contracted a challenge
infection lasting up to 150 days have $R_0 < 1$. These hosts, then, do not contribute to the persistent circulation of strains with higher oncogene expression.

Finally, figure 4c shows how the duration of infection in a vaccinated host affects the $e^{*}_{\text{vac}}$. High initial $Z$-values, $Z_0$, equate to faster invasion by the adaptive response. As the duration of the infection shrinks due to the faster clearance by CTL, a higher $e^{*}_{\text{vac}}$ is needed for persistence. Note, however, that if the CTL invasion happens within 50 days ($Z_0 > 1$), then the vaccine is able to clear all infections in all groups, regardless of the level of oncogene expression.

4. Discussion

The evolutionary responses of viruses to vaccines are of serious concern, and they may appear several years after the introduction of such control measures [49]. In a review, Read & Mackinnon contrast successful vaccines that stimulate natural immunity with novel vaccines that stimulate new responses that differ considerably from natural immunity. They warn that imposing new effector mechanisms can create very different selection pressures, with potentially unwanted consequences [5]. Our findings appear to coincide with this scenario, in that the novel vaccine immunity favours increased virulence in order to allow for transmission during the short window of time before vaccine-induced clearance.

The HPV vaccines change the within-host ecology encountered by the virus in three main ways. First, the vaccine-targeted types experience a strong antibody response that is unnaturally high [44], and which we find drives the oncogene expression necessary for persistent circulation up further. Second, the vaccine-induced effector cells invade faster, and invasion can no longer be delayed through strategies using slow viral replication and signalling interference. We show that this effect changes the transmission–recovery trade-off such that low oncogene expression strategies are no longer favoured.

Finally, the vaccine adaptive response now exclusively targets epitopes of the capsid protein L1 [44], which is distinct from natural responses that target the early proteins, E2, E6 and E7, for clearance [13,36]. As the L1 is a late gene whose epitopes are expressed in the upper layers of epithelium or are exposed on the capsids [11], the vaccine-induced effectors will mainly target free virions and these terminating cells. However, infected cells of the mid- and lower levels of the epithelium express the early proteins, and so should be targeted less readily by the vaccine response. Though this detail is not present in our models, we expect that it could augment the effect we found by selecting against the re-infection strategy and favouring the self-proliferation strategy. In this new environment, variants of the vaccine-targeted types exhibiting higher than average cell proliferation would have an advantage.

Discussions of HPV evolutionary responses have been scant and have focused on the potential of L1 neutralization escape [50]. We believe that we are the first to suggest this kind of evolutionary response in HPV types targeted by (or cross-reactive with) the vaccine. The main form of vaccine ‘leakiness’ that has been addressed in the HPV literature is that of type specificity and whether it can result in type replacement [51,52]. A ‘leak’ that has not been considered, and what we find here to be important, is what happens when the vaccine does not block infection and viral shedding.
Given that challenge infections by vaccine-targeted types were detectable in vaccinated women [40] during HPV vaccine trials, we argue that the vaccine does not always fully block viral shedding. Indeed, a humoral response may not always provide perfect protection from viral challenge [53]. As HPV is transmitted mechanically through the shedding of both free virions and dead infected keratinocytes from the epithelial surface [54], it is possible that even if the antibody response lowers the free virion population significantly, a vaccinated host could still transmit the virus by shedding infected keratinocytes. For comparison, consider once again the oncogenic MDV example in which shedding of epithelial cells was also involved in transmission. Indeed, the MDV vaccines are leaky because they do not block infection and viral shedding (though this leak is more pronounced compared with the HPV vaccine’s stronger prophylactic effect), which has played an important role in the subsequent virulence evolution of MDV [6,7]. In light of this, we strongly encourage studies of challenge infections in vaccinated hosts, their frequency, their duration and to what degree they shed infected cells. Cross-sectional epidemiological studies or longitudinal time-points separated six months apart will often lack the resolution to address these questions, especially if the challenges are short-lived.

Our model assumes that the high antibody response is instantaneous ($\Delta_{\text{max}}$ is a constant), and thus it captures the prophylactic effect of high neutralizing antibody titres the vaccine is intended to create. Locally, however, there should be lower levels of neutralizing antibodies (e.g. in cervicovaginal secretions) [13] and there should be a lag from the time of first challenge until the memory B cells induce antibodies and the subsequent cellular response invades at full force. We have not seen empirical estimates of how many days this takes, though their timing could have considerable consequences on the evolution of the virus and its transmission.

To demonstrate the essential ingredients of the phenomenon, our conceptual model had to idealize the viral replication process by neglecting many of its known details. So, although we demonstrate that virulence evolution is possible, we cannot determine with this study whether it is probable. It has been argued that accelerated carcinogenesis is not adaptive because cells in higher-grade lesions do not contribute to the emergence and circulation of new variants. Indeed, a vaccinated host could still transmit the virus by shedding infected keratinocytes. For comparison, consider oncogenic HR types which can more strongly adopt the strategy of cell proliferation (a strategy that was costly in natural conditions) in order to increase their chance of transmission, thus adopting a similar strategy to LR types. Yet oncogenes of HR types have stronger cell-transforming abilities, and expression at higher levels should more readily cause cellular genetic instabilities and lead to faster progression towards cancer.

Our study does not contain a full population model of interacting hosts, so we cannot investigate the conditions needed for a host population to maintain an emergent vaccine-adapted type. Heterogeneity of hosts plays an important role in the emergence of strains [62], and indeed we found variation in the optimal oncogene expression required of the virus to persist in different sexual activity groups. For instance, superspreaders required lower viral loads for persistent transmission, and in a highly sexually active core group this could favour the emergence of a variant with higher oncogene expression. Emergence happens in stuttering transmission chains, potentially in small groups of individuals, and certain host groups are more likely to be carriers and superspreaders [63–65]. Therefore, future studies should consider how pockets of core-group individuals (the causal and superspreader groups in this study) or of immunodeficient individuals may contribute to the emergence and circulation of new variants.

In conclusion, the uniqueness of the HPV vaccines lies in that they target a virus that is avirulent for the majority of hosts but has strong cell transformation properties. Other oncoviruses have similar features to HPV, making it likely that this vaccination programme may be emulated in the future. Given that virulence is not a fixed trait in any pathogen, it is in our best interest to understand how we are changing the ecological landscape and the selection pressures acting on the virus, in order to more confidently declare a vaccine’s evolutionary robustness.

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