Evidence of rapid change in genetic structure and diversity during range expansion in a recovering large terrestrial carnivore

Snorre B. Hagen1, Alexander Kopatz1, Jouni Aspi2, Ilpo Kojola3 and Hans Geir Eiken1

1Bioforsk—Norwegian Institute for Agricultural and Environmental Research, 9925 Svanvik, Norway
2Department of Biology, University of Oulu, PO Box 3000, 90014 Oulu, Finland
3Luke—Natural Resources Institute, Viikinkaari 4, 00790 Helsinki, Finland

Recovery of natural populations occurs often with simultaneous or subsequent range expansions. According to population genetic theory, genetic structuring emerges at the expansion front together with decreasing genetic diversity, owing to multiple founder events. Thereupon, as the expansion proceeds and connectivity among populations is established, homogenization and a resurgence of genetic diversity are to be expected. Few studies have used a fine temporal scale combined with genetic sampling to track range expansions as they proceed in wild animal populations. As a natural experiment, the historical eradication of large terrestrial carnivores followed by their recovery and recolonization may facilitate empirical tests of these ideas. Here, using brown bear (Ursus arctos) as model species, we tested predictions from genetic theory of range expansion. Individuals from all over Finland were genotyped for every year between 1996 and 2010 using 12 validated autosomal microsatellite markers. A latitudinal shift of about 110 km was observed in the distribution and delineation of genetic clusters during this period. As the range expansion proceeded, we found, as theory predicts, that the degree of genetic structure decreased, and that both genetic variation and admixture increased. The genetic consequences of range expansions may first be detected after multiple generations, but we found major changes in genetic composition after just 1.5 generations, accompanied by population growth and increased migration. These rapid genetic changes suggest an ongoing concerted action of geographical and demographic expansion combined with substantial immigration of bears from Russia during the recovery of brown bears within the large ecosystem of northern Europe.

1. Introduction

Range expansions, retractions and shifts are reported from a multitude of species from various different taxa [1–4]. Identifying the genetic mechanisms and patterns associated with changes in the geographical ranges of species is a challenge in conservation genetics [5–8]. Detailed genetic knowledge may be needed to understand the dynamics and consequences of range shifts and the impact of biological invasions in the light of climate change and human-caused proliferation [2–4,9]. It is also important for making predictions on the progress of population recovery and recolonization following conservation efforts (e.g. when previously isolated populations reconnect again) [10–12]. However, apart from historical events, range expansion processes have not been extensively documented using genetic methods.

Previous studies have suggested that range expansions may lead to changes in population genetic structure and diversity that are different from genetic changes, which are caused by demographic growth alone [5,6,10,11,13–16]. Theoretical studies simulating range expansion have shown that genetic structuring is expected to be initially founded at the expansion front together with decreasing
genetic diversity due to repeated bottleneck effects [5,10,11,15,16]. Over time in range expansions new areas are occupied, connectivity among territories may be established and spatial population structure might decrease due to balanced gene flow among populations, causing homogenization and increased genetic diversity within populations [5,10,12]. Range expansions are also characterized by allele surfing and asymmetric introgressions, which may be mistaken as a result of adaptive processes that may similarly change the genetic composition [5,17]. By contrast, pure demographic expansion is expected to maintain stable allele frequencies due to inferior genetic drift compared with stable populations [18], show excess of rare alleles and homozygosity, and have little linkage disequilibrium in the population [5]. Increasing connectivity and population size are both supposed to lead to an increase in genetic diversity and long-term viability of populations eventually [19–21].

Using particularly dedicated sampling designs and appropriate model systems, it may be possible to identify when, where and how genetic changes arise and erode during expansions or contractions. For instance, spatially extensive studies at fine temporal scales may allow for close tracking of the genetic changes as they emerge [12,22,23]. Few population genetic studies have investigated range expansions at a fine temporal scale in nature, especially in wild animal populations and over larger areas [23–26]. Consequently, the empirical relationship between genetic changes and abundance range of a species and population is often ambiguous in wildlife populations. This is especially the case in many larger mammals that experienced extensive population bottlenecks due to extirpation in the past (e.g. [26–28]).

Wild and currently recovering populations of large terrestrial carnivores are potentially good model systems for investigating the processes of population recovery and range expansion. Large predators were persecuted during recent centuries and hunted down to near extinction worldwide (e.g. [28]). In some countries in Europe, populations of large carnivores now seem to be recovering, owing to conservation-driven legislation and controlled harvest. Along with this population growth, an increasing number of individuals have expanded into some areas where they were once extirpated [29]. The historic eradication of large carnivore populations represents natural experiments facilitating analyses of how genetic structure and diversity change temporally as population recovery and expansion proceeds. Demographic and genetic bottlenecks in the past, long generation times and possible conflicts with humans make large carnivore populations still vulnerable [30]. Currently, there is limited knowledge on the population genetic consequences of demographic recovery in large carnivores, especially across broad geographical scales.

Our objective here was to take advantage of the recent carnivore comeback in northern Europe [29] as a model system to investigate the genetic patterns occurring during population recovery and expansion. As model species, we used the brown bear (Ursus arctos) in Finland, owing to the population’s central placement and potential role in connectivity between Russian and Scandinavian populations [31–33]. Moreover, observations and hunting bag data indicate that the recovery, growth and geographical expansion of the Finnish brown bear population represent an ongoing process. According to recent data analysed, gene flow from Russia to Finland (i.e. immigration of bears into the south-eastern parts of the country) is one of the drivers of the expansion [31].

We used continuous geographical coverage and high temporal resolution during sampling from 1996 to 2010, which corresponds to a time of 1.5 generations in brown bears [34]. On the basis of theoretical simulation studies, we expected to find a higher degree of genetic structure and lower genetic variation at the beginning of the study period. We also expected admixture and genetic diversity due to gene flow among populations to increase as the process of expansion proceeded.

2. Material and methods

(a) Study area

Our study area encompasses the whole of Finland, which has an area of 338 424 km², and the largest linear distance from south to north is 1160 km (figure 1a). About 86% of the terrestrial area is covered by forest, where pine, spruce and birch are the most common trees. Roughly 25% of the country is covered by lakes. The rest contains mires, farm land, urban areas and some tundra in the northernmost part.

(b) Demographic history

The brown bear was distributed throughout Finland at the end of the nineteenth century, and suffered a demographic bottleneck due to persecution between 1875 and 1910, with at least 5500
individuals killed during that time [36]. The remaining population was assumed very small until it began to recover 40–50 years later. Estimates based on observations suggest that the remaining population recovered from approximately 150 to approximately 1150–1950 bears between 1963 and 2009 [35]. Bear immigration from Russia has been assumed to have supported the recovery process [37] and the population size increased over the last 30 years (figure 10). Previous studies on the population structure showed that bears in Finland are subdivided into a northern and southern genetic cluster. Bears in southern Finland and Russian Karelia belong to the same genetic unit and gene flow from the east (Russia) to the west (Finland) appeared to be high [31–33]. Currently, both overall bear density and the proportion of females are highest in the southeast along the Finnish–Russian border [35].

(c) Sampling
Sampling was carried out according to the annual hunting quota of brown bears in Finland, which is based on the number of estimated bears in an area and hunting district [38]. All samples were collected according to this quota (i.e. the number of samples from an area was representative to the estimated number of bears for that area/year). These included tissue samples from 772 legally harvested bears (271 females, 500 males, one unknown sex), and 47 bears (20 females, 27 males) that had been sampled non-invasively. Thus, we analysed a total of 819 bears (figure 1c), collected annually during 1996 through 2010, of which 333 samples from 2005 to 2010 were used previously in spatial genetic analyses [31,32].

(d) Molecular analysis
Tissue samples were stored in 95% ethanol until extraction with DNeasy Tissue Kit (Qiagen) following the manufacturer’s instructions. For genotyping, we used 12 dinucleotide markers (short-tandem-repeats, STRs) developed for bears: G1A, G1D, G1OB, G1OL [39,40], Mu05, Mu09, Mu10, Mu15, Mu23, Mu50, Mu51 and Mu59 [41]. This particular set of markers has been applied and validated for sensitivity, precision and statistical power previously [31–33,42]. The protocols for PCR and fragment analysis followed Andreassen et al. [42]. Our laboratory procedures followed the guidelines for the analysis of non-human forensic DNA material [42,43]. We verified the uniqueness of all genotypes by calculating their probability of identity using the software GIMLET v. 1.3.3 [44]. Possible genotyping errors due to stuttering or large allelic dropout and presence of null alleles were tested with MicroChecker v. 2.2.3 [45].

(e) Population structure
To study population structure in the Finnish bear population, we used the individual-based Bayesian clustering approach STRUCTURE v. 2.3.3 [46]. Since earlier studies have shown a restricted number of genetic clusters in Finland [31–33,47], we used a maximum number of K = 10 clusters, and assumed population admixture and correlated allele frequencies within the population. Ten independent runs for each K-value between one and 10 were performed. For each run, we set a burn-in period of 100 000 Markov chain Monte Carlo (MCMC) iterations, followed by sampling of 1 000 000 iterations. The results were post-processed with the ad hoc approach of Evanno et al. [48] to estimate the number of genetic clusters in the lowest hierarchical level. This approach identified one clearly most supported model of spatial genetic structure, which returned a consistent between-run cluster assignment of the individuals, and was used as a basis for all further analyses and inferences. We used a membership coefficient of q > 0.7, as this has been applied in earlier population genetic studies on bears [31–33,47,49].

(f) Temporal changes in population structure and genetic diversity
To reveal temporal changes in genetic parameters describing the population genetic diversity and structure, we estimated the following parameters for each clusters suggested by the program STRUCTURE [46] on a yearly basis. We used Spiegel v. 1.3 [50] to investigate possible isolation by distance (IBD) among pairs of brown bears for each year of harvest using the kinship coefficient by Loiselle et al. [51]. ARLEQUIN v. 3.5.1.2 [52] was used to estimate pairwise FST-values between clusters, number of alleles, and expected and observed heterozygosities. Allelic richness was estimated with FSTAT v. 2.9.3.2 software [53]. We estimated inbreeding coefficients with GENETIX v. 4.0.5.2 software [54]. Deviations from Hardy–Weinberg equilibrium were tested for all loci and genetic clusters in GENEPOP v. 4.0 [55]. The tests used unbiased p-values by a Markov chain method of 1000 burn-in iterations, 500 batches and 1000 iterations per batch. We estimated the number of migrants per generation (corrected for sample size) using private allele method [56] implemented in GENEPOP. We tested for linkage disequilibrium between pairs of loci with software GENETIX v. 4.0.5.2 [54] using the method of Black & Krafsur [57]. We then performed linear regressions of the parameters from the annual analyses against year of harvest using the R statistical package [58]. The annual mean latitude for the detected clusters was regressed against year of harvest to test for directional movement (i.e. range expansion).

(g) Temporal relationships between changes in population structure and population size
In a final step, we investigated the temporal relationship between population size and genetic structure parameters. We related annual estimates of pairwise FST-values and number of migrants detected using the private allele method (see above) between clusters to the annual bear population size estimates, which are reported each year by the Finnish Game and Fisheries Research Institute. These estimates are based on the observed number of females with cubs-of-the-year using sightings recorded by 1700 large carnivore contact persons, and data on movements and home ranges by GPS-collared females followed by the cubs-of-the-year. Population size estimates are achieved by multiplying the number of the litters-of-the-year by 10 [59].

3. Results
(a) Population structure
Prior to Bayesian cluster assignment, the 819 bears were grouped according to year of harvest into three temporal samples of 5 years: 1996–2000 (n = 247), 2001–2005 (n = 286) and 2006–2010 (n = 286). Five years is approximately equivalent to the average age of primiparity of female Scandinavian bears (4.8 ± 0.7 years [60]). As expected from earlier studies [31,47], Bayesian cluster assignment of the individuals identified two genetic clusters in each temporal sample (figure 2a; electronic supplementary material, figure S1a–c), but indicated both increasing admixture (figure 2a) and increasing geographical overlap (figure 2b) between these clusters during the study period. Further, while one cluster was spread throughout the country, the other cluster was restricted to the southern part (figure 2b). Genotypes which were not assigned unambiguously to the identified clusters (membership coefficient q < 0.7, 68% males and 32% females; 1996–2000: 21, 8.5%; 2001–2005: 34, 11.9%; 2006–2010: 40, 14.0%) were also located mainly in southern Finland (figure 2b). We hereafter refer to the two
genetic clusters identified as the ‘northern’ and ‘southern’ subpopulations, which corresponds to previously published studies [31,47].

(b) A northwards geographical shift of the northern and southern subpopulations with time

The annual mean latitude of both genetic clusters, and hence also the delineation between them, shifted northwards with about 1° latitude, or 7.4 km per year during the study period (figure 3a–c; electronic supplementary material, tables S1 and S4). Further, the average latitude of bears assigned ambiguously also shifted northwards (figure 3b).

(c) Temporal changes in population structure and genetic diversity

As the geographical range shift proceeded, there were several associated changes in population genetic structure. The pairwise $F_{ST}$ between the northern and the southern clusters declined from 0.05 to 0.01 ($p < 0.001$; figure 3d; electronic supplementary material, tables S2 and S4). The proportion of individuals that was not clearly assigned to either subpopulation (membership coefficient $q < 0.7$) increased by 5% (figure 3e; electronic supplementary material, tables S1 and S4). The estimated number of migrants per generation between the subpopulations increased from 1.6 to 3.6 ($p < 0.01$; figure 3f; electronic supplementary material, tables S3 and S4). Furthermore, genetic structure was influenced by IBD (figure 4a), but the degree of IBD displayed a temporal change across years (figure 4b–d). The average kinship across the Finnish population among individuals at the mean geographical distance (approx. 418 km) increased (figure 4b), documenting that genetic differentiation occurred at increasingly longer distances. Moreover, the intercepts and slopes from the annual IBD models showed, respectively, a temporal decrease (figure 4c), pointing to gradually increasing admixture locally, and a temporal increase (figure 4d), indicating that the average kinship across population decreased slower with geographical distance with time. Thus, the overall result suggested gradually decreasing genetic structuring between subpopulations closely tracking the ongoing range expansion.

Additionally, the range expansion process was associated with changes in genetic diversity. While being temporally stable in the northern subpopulation, both $H_e$ ($p < 0.001$) and $H_S$ ($p < 0.01$) increased gradually over the years in the southern subpopulation (figure 5a,b; electronic supplementary material, tables S3 and S4). The average number of different alleles for the 12 STRs showed a similar pattern, increasing gradually across years in the south, from $A = 6.1$ to $A = 7.6$ ($p < 0.01$; figure 5c; electronic supplementary material, tables S3 and S4). However, no temporal change in allele numbers was detected in the north (figure 5d; electronic supplementary material, tables S3 and S4). The results on allelic richness indicated an increase in the southern cluster, while being stable in the northern cluster, but these observations were not statistically significant (figure 5e,f; electronic supplementary material, tables S3 and S4). Inbreeding coefficients were generally low and did not indicate any temporal change, although four loci showed positive overall $F_{IS}$ (electronic supplementary material, tables S3 and S4). After sequential Bonferroni correction, significant linkage disequilibrium ($p < 0.01$) was detected in 23, 21 and 3 out of 66 marker pairs in the temporal samples 1996–2000, 2001–2005 and 2006–2010.
and 2006–2010, respectively. Two marker pairs within temporal samples 1996–2000 (MU05–MU59, G1D–MU59) and 2001–2005 (MU05–MU09, MU51–G10L) showed linkage disequilibrium across both clusters identified. For all other marker combinations, significant linkage disequilibrium found was not consistent across all samples and all genetic clusters found.

(d) Temporal relationships between changes in population structure and population size

Finally, we explored if population growth may be the driving force behind the observed range expansion and the associated temporal genetic changes. Bear population size estimates (minimum and total) in Finland, as well as the number of legally shot bears, increased between 1996 and 2010 (figure 6a–c). The increase in population size occurred mainly during the last 3–5 years of the study, with little or no increase the first 10–12 years (figure 6a,b). The numbers of legally shot bears were very stable from 1996 to 2006, while more recently they showed an increase (figure 6c). We found that increasing population size was associated with decreasing annual pairwise $F_{ST}$ between the subpopulations ($p = 0.054$; figure 6d; electronic supplementary material, table S4) and with increasing estimated yearly number of migrants between the subpopulations ($p < 0.001$; figure 6e; electronic supplementary material, table S4). However, these correlations showed a lot of residual scatter compared with correlations using year of harvest as explanatory variable (see above), indicating that population growth alone was not a good predictor of the observed genetic changes.

4. Discussion

We have shown that there is a clear structuring and later homogenization in a geographically expanding large carnivore population, which is expected on the basis of theoretical models of range expansion [5,10–12,15,16]. Our intensive genetic screening in the growing brown bear population of Finland provided evidence of range expansion and suggested gradual disappearance of population substructure, owing to changes in IBD, and increasing genetic diversity and admixture as the range expansion proceeded. Assignment probabilities of individuals suggested expansion from the south, which was supported by gradually increasing heterozygosity, allelic richness and average numbers of alleles in the southern subpopulation. Heterozygosity, allelic richness and allele numbers did not increase correspondingly in the northern subpopulation; however, this also is expected in the leading edge of a geographically expanding population [10,12].

The average latitude of both subpopulations shifted northwards during the study period by 1° latitude, which corresponds to a linear distance of approximately 110 km, or an average of 7.4 km per year. Further, the proportion of individuals that was not clearly assigned to either subpopulation, possibly due to advanced admixture and gene flow from neighbouring populations [31], was found further north as time progressed. Previous studies and meta-analyses have summarized the speed of range shifts. These studies showed that range shift projections are dependent on the dispersal velocity of a species and permeability of the landscape [4]. Carnivores were among the species displaying the highest velocity in latitudinal shifts polewards as a response to climate change [3,4]. In this study, we detected gradual genetic changes accompanied by an ongoing geographical range expansion within a time
frame of 15 years (approx. 1.5 brown bear generations). Theoretical studies simulating range shifts and expansions have shown similar molecular signatures after tens of generations [14]. However, genetic studies on adaptation have shown that substantial genetic changes may occur within only a single generation [61]. Our results may therefore suggest that genetic changes caused by range expansion may occur very fast in natural systems when accompanied by other driving forces such as population growth and immigration.

Genetic diversity is strongly linked to the population size of a species, with increasing population size supporting panmixis, enriching the gene pool and improving the viability eventually (e.g. [19]). In our study, gradual genetic changes without any leaps were observed as the range expansion proceeded, whereas annual population size estimates showed an increase primarily at the end of the study period. Thus, our results may indicate that the growth of the bear population can only partly explain the observed genetic changes. This may be supported by the fact that we did not find any clear relationship between the population growth alone and the decreasing genetic differentiation between the clusters. By contrast, we found a clear correlation between the increase in the number of migrants and population growth. As previously mentioned, the latter may decrease founder effects [10] and only slightly higher rates of long distance dispersal events preserve genetic diversity by reshuffling alleles across the landscape [19,62]. Population growth alone should give an excess of rare alleles, an excess of homozygosity and little linkage disequilibrium [5], but none of these three characteristics were observed in our study.

Genetic structure may arise very rapidly at the leading edge of a range expansion. Our study on brown bears is one of the first studies performed in a natural system that actually tests how a geographical expansion of a species temporally proceeds. Their historic eradication and recent re-expansion make brown bears in northern Europe an exemplary research target for such a study using continuous sampling. First of all, we find that the dynamic and ongoing genetic processes are surprisingly accelerated during the observed range shift, extending over just 1.5 generations in this natural empirical model system. We also find that during the range shift, population growth may also be important, however only in the final stages. Hence, we believe that the continuous and substantial immigration of Russian bears into the Finnish bear population [31,32] may be a strong driver behind the rapid genetic changes observed within the brief time period of 1.5 generations. Internal long-distance dispersal and migration from other subpopulations in the region seem to have increased diversity, and hence reduced the reshuffling effect of alleles must have been intensive.

As of the middle of the twentieth century, the brown bears were virtually absent from the country, with the exception of the area along the Finnish–Russian border in the north and the southeast parts of the country, for which regular observations of bears indicated more or less permanent abundance [35–37]. For the brown bears in Finland, the range contraction
a century ago led to at least two different populations [31,47]. Conservation-minded changes in legislation during the second part of the last century led to a controlled harvest of the species and, accompanied by immigration from Russia, resulted in increasing numbers of bears, which dispersed further north and west over time [31,63]. The contraction process may have occurred within just 40–50 years (four to five generations, see §2b). Simulations on more than 10 generations indicate that fast range contractions have less severe effect on genetic diversity than slow contraction processes, and also better preserve the initial genetic diversity and leave the iso-
genetic diversity than slow shifts.

Our results are in part contradictory to this, but this may be biased by a simultaneous gene flow from other populations (i.e. Russia) [31]. This is especially evident in the southern population, where the number of genetically unassigned individuals as well as the diversity is increasing during the study period. This (as well as previous studies) supports that there has been an ongoing influx of individuals from areas further east [31,32] due to potential long dispersal range of brown bears [64]. Also in prehistoric times, bears have dispersed through that area in the southeast, as shown by a recent study on the mitochondrial genome of brown bears in Eurasia that indicated similar, historical migration routes of bears from the east into Fennoscandia after the last glaciation [65].

Assuming the geographical expansion proceeds within the next 20–30 years, the population may continue to exhibit typical genetic effects of range expansions. Based on theoretical studies by others [5,14] as well as the increasing admixture observed in this study, we may predict further homogenization of the two clusters and increased genetic diversity in the core areas. We may also expect novel substructuring and loss of genetic diversity at the leading edges of the expansion. Furthermore, we predict that an increasing number of bears will enter areas with less or no bear abundance in the northern and western parts of Finland. This prediction includes that the leading edges will expand into areas with more human inhabitants and infrastructure (western Finland) or areas with semi-domestic reindeer herding (northern Finland), thus causing more conflicts.

The bear population in Finland is part of the large ecosys-
tem of northern Europe [31–33], and our findings must be interpreted in this context. Substantial migration between neighbouring populations can make it difficult to separate between range expansions and demographic expansions based on genetic data [5,14]. Thus, the remarkable speed of the genetic change seems to be the result of a concerted action of range shift, population growth and substantial immigration.

Our study exemplifies how continuous sampling combined with molecular methods has the potential to track the recovery of a species and the merging of formerly subdivided populations with higher precision than using classical monitoring methods alone. We believe that our approach may be used as a guideline for future wildlife monitoring and endangered species conservation (e.g. to evaluate impacts of climatic change, anthropogenic disturbance and management actions, such as improving habitat conservation and adapting local harvest quotas to maintain connectivity).

Ethics statement. All samples were collected from dead animals, harvested legally in Finland. Legal harvest of bears in Finland in the
different hunting districts follows an annual quota corresponding to the estimated abundance and distribution of brown bears in those areas, and the sampling in this study follows this distribution throughout Finland. Tissue samples were collected by the Finnish Game and Fisheries Research Institute. No ethic permit was required, as the sample collection did not involve live animals.

Data accessibility. The raw data (i.e. the genetic profiles) have been deposited in the corresponding author’s institutional repository (i.e. Bioforsk—Norwegian Institute for Agricultural and Environmental Research) and can be made available by contacting the corresponding author.

Acknowledgements. We would like to thank Camilla Tobiassen for assistance in the laboratory and Julia Schwegel for helpful comments on the manuscript. Further, we would like to thank the Finnish hunters as well as the Finnish Hunters’ Association for collecting the bear samples used in this study.

Authors’ contributions. S.B.H., A.K., H.G.E. and J.A. designed and conceived the study. I.K. collected, compiled and quality controlled the brown bear samples and data. Main analyses were performed by S.B.H., A.K. and H.G.E. The manuscript has been written by S.B.H., A.K. and H.G.E. with input from J.A. and I.K.

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